

KAROL A GUTOWSKI, MD, FACS

2300 Chestnut Ave, Suite 100
Glenview, IL 60026
E-mail: Karol@DrGutowski.com

CLINICAL Private Practice, Karol A Gutowski, MD, LLC

APPOINTMENTS 8/14/14 – Present

Medical Director, aFresh Med Spa, 2018 – Present

Medical Director, Lincoln Park Aesthetics, 2015 – 2020

Medical Director, Becky Monson Skin Care, 2015 – 2020

Private Practice

4/1/12 – 1/10/14

Head, Division of Plastic Surgery, NorthShore University HealthSystem

10/1/08 – 6/1/11

Chief, Section of Aesthetic Surgery, Division of Plastic Surgery, University of Wisconsin, 7/1/07 – 9/30/08

Chief of Plastic Surgery, William S. Middleton Veterans Hospital,
9/1/00 – 9/30/08

ACADEMIC Clinical Associate

APPOINTMENTS Division of Plastic Surgery

University of Chicago

2019 – present

Adjunct Associate Professor of Surgery

Division of Plastic Surgery

University of Illinois - Chicago

8/1/14 – present

Associate Clinical Professor of Plastic Surgery

Department of Plastic Surgery

Ohio State University

1/15/14 – 6/15/14

Associate Clinical Professor of Surgery

Section of Plastic and Reconstructive Surgery

University of Chicago Pritzker School of Medicine

7/1/09 – 6/1/11

KAROL A GUTOWSKI, MD, FACS

Associate Clinical Professor of Surgery

Division of Plastic and Reconstructive Surgery
University of Wisconsin Medical School
10/1/08 – 6/30/09

Associate Professor of Surgery

Division of Plastic and Reconstructive Surgery
University of Wisconsin Medical School
1/23/06 – 9/30/08

Assistant Professor of Surgery

Division of Plastic and Reconstructive Surgery
University of Wisconsin Medical School
9/1/00 – 1/23/06

Residency Program Director

Division of Plastic and Reconstructive Surgery
University of Wisconsin Medical School
12/4/04 – 9/30/08

Associate Residency Program Director

Division of Plastic and Reconstructive Surgery
University of Wisconsin Medical School
1/1/01 – 12/4/04

POSTGRADUATE Hand Surgery Fellowship

MEDICAL TRAINING Institute of Reconstructive Plastic Surgery at New York University, 7/1/99 – 6/30/00

Chairman: Joseph G. McCarthy, MD

Director: Robert W. Beasley, MD

550 First Avenue

New York, NY 10016

Plastic and Reconstructive Surgery Residency

University of Texas Southwestern, 7/1/97 – 6/30/99

Chairman and Director: Rod J. Rohrich, MD

5323 Harry Hines Boulevard

Dallas, TX 75235

Surgical Infectious Disease Fellowship

University of Minnesota, 7/1/95 – 6/30/97

Director: David L. Dunn, MD, PhD

516 Delaware Street, SE

Minneapolis, MN 55455-0321

General Surgery Residency

University of Minnesota, 6/22/92 – 6/30/97

Chairman 1992 - 1994: John S. Najarian, MD

Chairman 1995 - 1997: David L. Dunn, MD, PhD

516 Delaware St, SE

Page 2 of 61

KAROL A GUTOWSKI, MD, FACS

Minneapolis, MN 55455-0321

MEDICAL SCHOOL Doctor of Medicine

Michigan State University – College of Human Medicine, 9/1/88 – 6/12/92

A-234 Life Sciences Building

East Lansing, MI 48824-1317

UNDERGRADUATE Bachelor of Science - Biology

University of Michigan, 9/1/83 – 4/29/88

1524 LSA Building

Office of the Registrar

Ann Arbor, MI 48109

BOARD American Board of Plastic Surgery

CERTIFICATION Certificate No. 6201, Expires 12/31/31

Written Examination: Passed – 9/15/99

Oral Examination: Passed – 9/8/01

Maintenance of Certification: Passed 2010

Continuous Certification: Passed 2020

National Board of Medical Examiners

Certificate No. 423135, Issued 7/1/94

CLINICAL STAFF NorthShore University Health System, 10/1/2008 - present

POSITIONS Evanston Hospital

2650 Ridge Avenue

Evanston, IL 60201

Glenbrook Hospital

2100 Pfingsten Road

Glenview, IL 60026

Highland Park Hospital

777 Park Avenue West

Highland Park, IL 60035

Skokie Hospital

9600 Gross Point Rd

Skokie, IL 60076

Ohio State University Medical Center

Wexner Medical Center, 1/15/2014 – 6/1/2014

700 Ackerman Rd, Suite 570

Columbus, OH 43202

University of Wisconsin Hospital, 9/1/00 – 9/30/08

600 Highland Avenue

Madison, WI 53792

St. Mary's Hospital Medical Center, 9/1/00 – 3/1/08

707 South Mills Street

Madison, WI 53715

Meriter Hospital, 9/1/00 – 9/30/08

202 South Park Street

Madison, WI 53715

Page 3 of 61

KAROL A GUTOWSKI, MD, FACS

William S. Middleton Veterans Hospital, 9/1/00 – 8/31/08

2500 Overlook Terrace

Madison, WI 53705

Watertown Memorial Hospital, 8/28/03 – 3/30/05

125 Hospital Drive

Watertown, WI 53098

COMMITTEE Surgical Education Committee, University of Wisconsin Medical School,

APPOINTMENTS 2000 - 2005

(LOCAL)

Surgery Advisory Board, University of Wisconsin Hospital and Clinics,
2000 – 2008

Operating Room Supply and Capital Committee, University of Wisconsin
Hospital and Clinics, 2000 – 2003

UW Health Website Clinical Content Task Force, University of Wisconsin
Hospital and Clinics 2002 – 2003

Coordinated Care Case Management Physician Advisor, University of
Wisconsin Hospital and Clinics, 2002 – 2008

Rapid Design Discharge Process Coordination, University of Wisconsin
Hospital and Clinics, 2003

Wisconsin Patient Safety Institute, Surgery Verification Team, 2003

Operations Board, Madison Surgery Center, 2004 – 2008

Graduate Medical Education Oversight Committee, University of
Wisconsin Hospital and Clinics, 2005 – 2008

Clinic Operations Committee, Transformations Aesthetic Surgery Center,
University of Wisconsin Medical Foundation, 2005 – 2008

Hand Surgery Product Line Development Committee, University of
Wisconsin Hospital and Clinics, 2006 – 2007

Breast Leadership Board, NorthShore University HealthSystem, 2009- 2010

Department of Surgery Advisory Board, NorthShore University HealthSystem, 2009

COMMITTEE In-Service Examination Committee, Hand & Extremities Subcommittee APPOINTMENTS (#058), Plastic Surgery Educational Foundation, 2000 – 2004 (**NATIONAL**)

Joint Outcomes Committee (#156/121), American Society of Plastic Surgeons and Plastic Surgery Educational Foundation, 2001 – 2003

Outcomes Research Subcommittee (#545/555), American Society of Plastic

Page 4 of 61

KAROL A GUTOWSKI, MD, FACS

Surgeons and Plastic Surgery Educational Foundation, 2001 – 2003

Tracking Operations & Outcomes for Plastic Surgeons Subcommittee (TOPS) (#546/556), American Society of Plastic Surgeons and Plastic Surgery Educational Foundation, 2002 – 2006

Plastic Surgery Research Council, Program Committee, 2002

Young Plastic Surgeons Committee of American Society of Plastic Surgeons (#017/083), Publications Workgroup, 2002 – 2004

Breast Implant Task Force, American Society of Plastic Surgeons, 2002 - 2006

Implant Research and Review Team (#787), 2002 – 2004
Science and Research Work Group, 2005

Council on State Affairs, American Society of Plastic Surgeons, 2004 – 2008

Web Site Development, Association of Academic Chairmen of Plastic Surgery, 2004-2005

In-Service Examination Committee, Integument Subcommittee Plastic Surgery Educational Foundation, 2004 – 2016

Endowment Appropriations Committee, Plastic Surgery Educational Foundation, 2005 – 2007

Maintenance of Certification Task Force, American Society of Plastic Surgeons, 2005 – 2006

Clinical Research Council, Plastic Surgery Educational Foundation, 2006 – 2007

Directed Research Committee, Plastic Surgery Educational Foundation, 2006 – 2007

Quality and Performance Metrics Task Force, American Society of Plastic

Surgeons and Plastic Surgery Educational Foundation, 2006 – 2007

Education Committee, Association of Academic Chairmen of Plastic Surgery, 2006 – 2008

Research Strategic Planning Task Force, American Society of Plastic Surgeons and Plastic Surgery Educational Foundation, 2006 – 2008

Data Task Force, American Society of Plastic Surgeons and Plastic Surgery Educational Foundation, 2006 – 2007

Communications & Web Site Committee, Association of Academic
Page 5 of 61

KAROL A GUTOWSKI, MD, FACS

Chairmen of Plastic Surgery, 2007– 2008

Fat Grafting Task Force, American Society of Plastic Surgeons, 2007 – 2008

Emerging Trends Committee, Plastic Surgery Educational Foundation, American Society of Plastic Surgeons & American Society for Aesthetic Plastic Surgery, 2008 – 2015

Clinical & Evidence Based Research Committee, Plastic Surgery Educational Foundation, 2008 – 2010

Research Communications and Advocacy Committee, Plastic Surgery Educational Foundation, 2008 – 2009

Basic and Translational Research Committee, Plastic Surgery Educational Foundation, 2008 – 2011

Quality and Performance Metrics Committee, American Society of Plastic Surgeons, 2008 – 2022

Patient Safety Committee, American Society of Plastic Surgeons, 2008 – 2025

Technology Assessment Committee, American Society of Plastic Surgeons, 2008 – 2010

Audit Committee, American Society of Plastic Surgeons and Plastic Surgery Educational Foundation, 2008 – 2010

Judicial Council, American Society of Plastic Surgeons, 2008 – 2011

Instructional Course Committee, American Society of Plastic Surgeons, 2008 – 2012

Annual Meeting Council, American Society of Plastic Surgeons, 2008 – 2013

Venous Thromboembolism Task Force, American Society of Plastic Surgeons, 2009 – 2011

Scientific Research Committee, Aesthetic Surgery Education and Research Foundation, 2009 – 2013

Group Practice Task Force, American Society of Plastic Surgeons, 2009

Virtual Reality Simulation Committee, Association of Academic Chairmen of Plastic Surgery, 2009– 2011

Page 6 of 61

KAROL A GUTOWSKI, MD, FACS

Stem Cell and Fat Grafting Task Force, American Society of Plastic Surgeons and American Society for Aesthetic Plastic Surgery, 2010 – 2011

Academic Scholar Endowment Committee, American Association of Plastic Surgeons, 2010 – 2011

Membership Strategies Committee, American Society of Plastic Surgeons, 2010 – 2011

Surgical Quality Alliance, American Society of Plastic Surgeons representative to the Surgical Quality Alliance, 2010 - 2012

Professional Liability Insurance Committee, American Society of Plastic Surgeons, 2010 – 2014

Nominating Committee, American Society of Plastic Surgeons & Plastic Surgery Education Foundation, 2010

Government Affairs Committee, American Society of Plastic Surgeons & Plastic Surgery Education Foundation, 2011 - 2014

Curriculum Development Core Subcommittee, Plastic Surgery Education Network, American Society of Plastic Surgeons, 2011 – 2013

Tracking Operations & Outcomes for Plastic Surgeons (TOPS) Steering Committee, American Society of Plastic Surgeons, 2012 - 2010

Research Clinical Study Section, Plastic Surgery Foundation, 2012 - 2013

Advisory Council for Plastic and Maxillofacial Surgery (American Society of Plastic Surgeons representative), American College of Surgeons, 2012 - 2018

Aesthetic Education Council (Injectables/Laser), American Society of Plastic Surgeons, 2013 - 2017

Annual Meeting Program and Instructional Course Committee, American Society of Plastic Surgeons, 2014 - 2017

Health Policy Committee, American Society of Plastic Surgeons, 2014 - 2016

National Endowment for Plastic Surgery Council of Advisors, Plastic Surgery Foundation, 2013 - 2016

Nominating Committee, American Society of Plastic Surgeons & Plastic Surgery Education Foundation, 2014

Legislative Advocacy Committee, American Society of Plastic Surgeons, Page 7 of 61

KAROL A GUTOWSKI, MD, FACS

2014 - 2017

GRAFT Data Safety Monitoring Board, American Society of Plastic Surgeons, 2014 - 2015

Legislative Advocacy Committee - Regulatory Subcommittee, American Society of Plastic Surgeons, 2014 – 2017

Scientific Research Committee, Aesthetic Surgery Education and Research Foundation, 2014 – 2023

Quality Advisory Council, American College of Surgeons, 2016-2018

Expert Consensus Panel on Venous Thromboembolism Prevention in Plastic Surgery, American Association of Plastic Surgeons, 2015

Emerging Trends Committee, American Association of Plastic Surgeons, 2015 - present

Hot Topics Planning Group, American Society of Plastic Surgeons, 2015 – 2016

Legislative Advocacy Committee - Policy Priority and Practice Dynamics Survey Task Force, American Society of Plastic Surgeons, 2016 – 2017

Clinical Registries Subcommittee, American Society of Plastic Surgeons, 2016 – 2019

GRAFT Steering Committee, American Society of Plastic Surgeons, 2016

– 2017

Healthcare Delivery Subcommittee, American Society of Plastic Surgeons, 2016 – 2017

Breast Implant Safety Work Group, American Society of Plastic Surgeons, 2019

Appropriateness Criteria for Facial Fracture Imaging Work Group, American College of Radiology, 2020 - 2021

Evidence-Based Medicine Work Group, American Society of Plastic Surgeons, 2021 – 2024

Quality and Evidence-based Initiatives Committee, American Society of Plastic Surgeons, 2024 - present

Nominating Committee, American Society of Plastic Surgeons & Plastic Surgery Foundation, 2025

Page 8 of 61

KAROL A GUTOWSKI, MD, FACS

Health Policy Committee, American Society of Plastic Surgeons, 2025 - present

ORGANIZATIONAL Chairman, Tracking Operations & Outcomes for Plastic Surgeons LEADERSHIP (TOPS) Committee, American Society of Plastic Surgeons and Plastic Surgery Educational Foundation, 2003 – 2006

Chairman, Endowment Appropriations Committee, Plastic Surgery Educational Foundation, 2005 – 2007

Treasurer, Wisconsin Society of Plastic Surgeons, 2006 – 2008

Chairman, Fat Grafting Task Force, American Society of Plastic Surgeons, 2007 – 2008

Chairman, Integument Subcommittee of In-Service Examination Committee, Plastic Surgery Educational Foundation, 2007 – 2016

Co-Chairman, Instructional Course Committee, American Society of Plastic Surgeons, 2008 – 2012

Treasurer, Midwestern Association of Plastic Surgeons, 2008-2009

Vice-President & Program Chairman, Midwestern Association of Plastic Surgeons, 2009-2010

President Elect, Midwestern Association of Plastic Surgeons, 2010 - 2011

Vice-Chairman, Clinical & Evidence Based Research Committee, Plastic Surgery Educational Foundation, 2010 – 2011

Chairman, Quality and Performance Metrics Committee, American Society of Plastic Surgeons, 2010 – 2014

President, Midwestern Association of Plastic Surgeons, 2011 - 2012

Vice-Chairman, Annual Meeting Program & Instructional Course Committee, American Society of Plastic Surgeons, 2012 - 2014

Chairman, Curriculum Development Core Subcommittee, Plastic Surgery Education Network, American Society of Plastic Surgeons, 2012 - 2013

Chairman, Tracking Operations & Outcomes for Plastic Surgeons (TOPS) Steering Committee, American Society of Plastic Surgeons, 2012 - 2016

Chairman, National Endowment for Plastic Surgery Council of

Page 9 of 61

KAROL A GUTOWSKI, MD, FACS

Advisors, Plastic Surgery Foundation, 2013 - 2016

Chairman, Annual Meeting Program & Instructional Course Committee, American Society of Plastic Surgeons, 2014 - 2017

Treasurer, Illinois Society of Plastic Surgeons, 2014 – 2015

Vice Chair, Scientific Research Committee, Aesthetic Surgery Education and Research Foundation, 2014 – 2015

Secretary, Illinois Society of Plastic Surgeons, 2015 – 2016

Co-Chair, Hot Topics Planning Group (Aesthetic & Injectables), American Society of Plastic Surgeons, 2015

Vice-President, Illinois Society of Plastic Surgeons, 2016 – 2017

Vice-Chair, Clinical Registries Subcommittee, Plastic Surgery Foundation, 2017 – 2019

Vice-Chair, Emerging Trends Subcommittee, American Society of Plastic Surgeons, 2017 – 2019

President, Illinois Society of Plastic Surgeons, 2017 – 2018

Co-Chair, Breast Surgery and Body Contouring Symposium, American Society of Plastic Surgeons, 2018 – 2019

Trustee, Illinois Society of Plastic Surgeons, 2018 – 2020

Chair, Emerging Trends Subcommittee, American Society of Plastic Surgeons, 2020 – 2023

Co-Chair, Future of Fillers: Reshaping the Aesthetic Landscape, American Society of Plastic Surgeons, Plastic Surgery Innovations Series, 2020

Chair, Artistry of Injectables Instructional Course, American Society of Plastic Surgeons, 2023

Chair, Artistry of Injectables Instructional Live Injections Course, American Society of Plastic Surgeons, 2024

Board of Directors, Lipedema Society, 2025 - present

Chair, Artistry of Injectables Instructional Live Injections Course, American Society of Plastic Surgeons, 2025

Governor Aesthetic Education, American Society of Plastic Surgeons,

Page 10 of 61

KAROL A GUTOWSKI, MD, FACS

2025

PEER REVIEWER *Annals of Surgery* Reviewer, 2001, 2002, 2004

Plastic and Reconstructive Surgery Reviewer, 2004 – present

JAMA Reviewer, 2005

Clinical Anatomy Reviewer, 2005

Annals of Plastic Surgery Reviewer, 2007

Aesthetic Surgery Journal Reviewer, 2009 - present

Clinical Cosmetic & Investigational Dermatology Reviewer, 2017 – present

Journal of Cosmetic Laser Therapy Reviewer, 2019

Plastic and Aesthetic Research, Reviewer, 2019 – present

Journal of Investigative Surgery, Reviewer, 2020

Reviews in Cardiovascular Medicine, Reviewer, 2020

EDITORIAL BOARDS *Selected Readings in Plastic Surgery* Editorial Board, 2002 – 2008

eClips Consult Associate Editor, 2009 – 2011

Year Book of Plastic Surgery Section Editor, 2009 – 2015

Plastic and Reconstructive Surgery Associate Editor, 2017 – present

Plastic and Aesthetic Research, Editorial Board, 2021

Plastic and Aesthetic Research, Associate Editor, 2021

Plastic and Reconstructive Surgery GO Editorial Board, 2016 – present

Plastic and Reconstructive Surgery GO Associate Editor, 2023 – present

TEACHING Instructor, Patient, Doctor and Society Course, University of Wisconsin Medical School, 2001 – 2002

Instructor, Medical Student Suture and Wound Closure Workshop, 2001 – 2002

Examiner, YEPSA Examination, University of Wisconsin Medical School, 2001 – 2003

Examiner, Nicaplast Plastic Surgery Residency Program, University of Leon, Nicaragua, 2003

Instructor, PSEF Oral and Written Board Preparation Course, 2003, 2004

Instructor, Techniques in Flap Dissection Workshop, Dallas, 2009

Co-Chairman & Faculty, Growing your Practice with Injectables and Dermal Fillers, 2009

Examiner, American Board of Plastic Surgery Oral Examination, 2010, 2011, 2013

Instructor, Chicago Rhinoplasty Symposium, 2010

Instructor, University of Chicago Cadaver Dissection Course, 2019

HONORS AND Alpha Omega Alpha Medical Honor Society

AWARDS Resident Teacher of the Year Award, University of Minnesota, 1995 **Excellence in**

Teaching Award, University of Texas Southwestern, 1999

Top Doctors in Madison, 2002 – 2008

First Place Presentation, Midwest Association of Plastic Surgeons, 2005

America's Top Plastic Surgeons, Consumer's Research Council of America, 2005 – present

America's Top Doctors, Castle Connolly, 2008 - present

Top Doctors, US News & World Report, 2011 - present

Page 11 of 61

KAROL A GUTOWSKI, MD, FACS

Golden Apple Teaching Award, University of Chicago, 2011

Best Reconstructive Paper, Plastic and Reconstructive Surgery Journal, 2012

Top Doctors for Women, Chicago Magazine, 2019

Top Doctors in Chicago, 2021-2025

VISITING Alumni Visiting Professor, UT Southwestern, Dallas, Texas. June 2005

PROFESSORSHIPS Plastic Surgery Foundation Visiting Professor 2025-2026 Wright State University, Dayton, Ohio. December 2025 Montefiore Medical Center, New York, New York, December 2025

University of Louisville, Kentucky. April 2026

University of Wisconsin, Madison, Wisconsin. April 2026

Loma Linda University, Loma Linda, California. April 2026

University of Nevada Las Vegas, Las Vegas, Nevada. April 2026

Indiana University, Indianapolis, Indiana. May 2026

MEDICAL LICENSE Minnesota #37740, Issued 1/21/95, Expired

New York #213767, Issued 4/22/99, Expired

Michigan #4301075532, Issued 1/31/00, Expired

Wisconsin #42232-020, Issued 7/21/00, Expired

Illinois #036.121999, Issued 7/31/08, Expires 7/31/23

Ohio #35.122580, Issued 11/22/13, Expired

CONTROLLED Federal BG4448406, Issued 6/5/95, Expired 9/30/98

SUBSTANCE Federal BG6624743, Issued 1/7/00, Expires 9/30/11

REGISTRATION Federal BG3152434, Issued 4/16/12, Expires 9/30/27

Illinois 336.083363, Issued 7/31/08, Expires 7/31/27

Ohio 35.122580, Issued 11/22/13, Expires 1/1/15

NPI 1134 198 799

INTERESTS Competitive triathlons (6 time Ironman finisher)

Road cycle racing (100 to 200 km distances)

Downhill skiing

Krav Maga martial arts

PERSONAL Date of Birth: August 23, 1965

Place of Birth: Chelm, Poland

Citizenship: USA, May 21, 1997

PROFESSIONAL American Medical Association, 1990 - 2010

ORGANIZATIONS American College of Surgeons, 1995 - present

American Society of Plastic Surgeons, 1997 - present

Association of Academic Chairmen of Plastic Surgery, 2001 - 2015

Plastic Surgery Research Council, 2001 – 2006

Midwestern Association of Plastic Surgeons, 2001 - 2014

Young Plastic Surgeons, 2004 – 2006

Wisconsin Plastic Surgery Society, 2005 – 2008

American Society of Maxillofacial Surgeons, 2007 – 2014

American Association of Plastic Surgeons, 2008 - present

Page 12 of 61

KAROL A GUTOWSKI, MD, FACS

American Society for Aesthetic Plastic Surgery, 2010 - present

Illinois Society of Plastic Surgeons, 2014 – present

Wangensteen Surgical Society, 2015 – present

New York Regional Society of Plastic Surgeons (Honorary), 2015

Lipedema Society, 2025

REFERENCES Available upon request.

Page 13 of 61

KAROL A GUTOWSKI, MD, FACS

EDUCATIONAL CONFERENCES AND MEETINGS

1. Craniomaxillofacial Trauma Symposium (PSEF), 1997 – 24 CME hours
2. Dallas Ultrasonic Liposuction Workshop (PSEF), 1997 – 8 CME hours
3. American Society of Aesthetic Plastic Surgeons, 1997
4. Advanced Lasers in Cosmetic Facial Surgery (PSEF/ASAPS), 1998, 25 CME hours
5. Dallas Rhinoplasty Symposium, 1998

6. Dallas Aesthetic Surgery Symposium, 1998
7. Dallas Rhinoplasty Symposium, 1999
8. Dallas Aesthetic Surgery Symposium, 1999
9. American Society for Aesthetic Plastic Surgery, 1999
10. Perspectives and Advances in Plastic Surgery (PSEF), 1999 – 22 CME hours
11. Plastic Surgery Senior Residents Conference, 1999
12. AO/ASIF Maxillofacial Course for Surgeons, 1999
13. Giants in Aesthetic Plastic Surgery Course, 1999 – 28 CME hours
14. American Society of Plastic Surgeons/AACPS, 2000 – 22 CME hours
15. Midwest Association of Plastic Surgeons, 2001
16. Plastic Surgery Research Council, 2001 – 24 CME hours
17. American Society of Plastic Surgeons/AACPS, 2001 – 27 CME hours
18. Plastic Surgery Research Council, 2002 – 22 CME hours
19. Midwest Association of Plastic Surgeons, 2002
20. ASPS Leadership Development Retreat, 2002
21. American Society of Plastic Surgeons/AACPS, 2002 – 29 CME hours
22. Association of Academic Chairmen of Plastic Surgery Retreat, 2002
23. Midwest Association of Plastic Surgeons, 2003, 8 CME hours
24. American Society for Aesthetic Plastic Surgery, 2003, 45 CME hours
25. Innovations in Facial Shaping, 2003, 3 CME hours
26. ASSH Advances in Brachial Plexus Reconstruction, 2003, 19 CME hours
27. Atlanta Breast Surgery Symposium, 2004, 18 CME hours
28. Midwest Association of Plastic Surgeons, 2004, 8 CME hours
29. American Association of Plastic Surgeons/AACPS, 2004, 15 CME hours
30. American Society of Plastic Surgeons, 2004
31. Midwest Association of Plastic Surgeons, 2005, 8 CME hours
32. American Association of Plastic Surgeons/AACPS, 2005, 16 CME hours
33. Wisconsin Society of Plastic Surgeons, 2005, 3 CME hours
34. American Society of Plastic Surgeons, 2005
35. Accreditation Council for Continuing Medical Education, 2006, 4 CME hours
36. Wisconsin Society of Plastic Surgeons, 2006
37. Midwest Association of Plastic Surgeons, 2006
38. American Association of Plastic Surgeons/AACPS, 2006, 14.5 CME hours
39. American Society of Plastic Surgeons, 2006
40. Wisconsin Society of Plastic Surgeons, 2007, 3 CME hours
41. American Association of Plastic Surgeons/AACPS, 2007
42. American Society of Plastic Surgeons, 2007
43. American Association of Plastic Surgeons/AACPS, 2008, 4 CME hours
44. Wisconsin Society of Plastic Surgeons, 2008, 10 CME hours
45. Midwest Association of Plastic Surgeons, 2008, 10 CME hours
46. Patient Safety Education Project, 2008, 14 CME hours
47. American Society of Plastic Surgeons, 2008

Page 14 of 61

KAROL A GUTOWSKI, MD, FACS

48. American Association of Plastic Surgeons, 2009, 14 CME hours
49. American Society for Aesthetic Plastic Surgery, 2009, 29 CME hours
50. Midwest Association of Plastic Surgeons, 2009
51. Stephen Mathes Reconstructive Symposium, 2009, 12 CME hours
- 52.

American Society of Plastic Surgeons, 2009, 13 CME hours 53. Growing your Practice with Injectables and Dermal Fillers, 2009, 6 CME hours 54. American Society for Aesthetic Plastic Surgery, 2010, 20 CME hours 55. Midwest Association of Plastic Surgeons, 2010, 2 CME hours 56. American Society of Plastic Surgeons, 2010, 26 CME hours 57. Breast Surgery Using Autologous Fat, 2011

58. American Society for Aesthetic Plastic Surgery, 2011, 38 CME hours 59. Midwest Association of Plastic Surgeons, 2011, 13 CME hours 60. American Society of Plastic Surgeons, 2011, 38 CME hours 61. Midwestern Association of Plastic Surgeons, 2012, 11 CME hours 62. American Society for Aesthetic Plastic Surgery, 2012, 23 CME hours 63. American Society of Plastic Surgeons, 2012, 20 CME hours 64. Midwest Association of Plastic Surgeons, 2013, 11 CME hours 65. Ruberg Symposium, 2013, 4.75 CME hours

66. American Society of Plastic Surgeons, 2013, 14 CME hours 67. Innovations in Facial Aesthetic Medicine, 2013, 3 CME hours 68. American Association of Plastic Surgeons, 2014, 12 CME hours 69. American Society for Aesthetic Plastic Surgery, 2014, 26 CME hours 70. American Society of Plastic Surgeons, 2014, 26 CME hours 71. American Society for Aesthetic Plastic Surgery, 2015, 18 CME hours 72. American Society of Plastic Surgeons, 2015, 21 CME hours 73. American Association of Plastic Surgeons, 2016, 6 CME hours 74. American Society of Plastic Surgeons, 2016, 23 CME hours 75. American Association of Plastic Surgeons, 2017, 6 CME hours 76. Foundation for Facial Aesthetic Surgery, 2017 12 CME hours 77. Breast Surgery and Body Contouring Symposium, 2017, 18 CME hours 78. American Society of Plastic Surgeons, 2017, 22 CME hours 79. Foundation for Facial Aesthetic Surgery, 2018 10 CME hours 80. Breast Surgery and Body Contouring Symposium, 2018, 24 CME hours 81. American Society of Plastic Surgeons, 2018, 16 CME hours 82. Aesthetica Super Symposium, 2019 83. Foundation for Facial Aesthetic Surgery, 2019, 15 CME hours 84. American Association of Plastic Surgeons, 2019

85. Breast Surgery and Body Contouring Symposium, 2019 86. American Society of Plastic Surgeons, 2019, 14 CME hours 87. Miami Cosmetic Surgery, February 2020, 22 CME hours

88. American Society of Plastic Surgeons, 2020, 20 CME hours 89. American Society of Plastic Surgeons, 2021, 20 CME hours 90. American Society of Plastic Surgeons, 2022, 24 CME hours 91. American Society of Plastic Surgeons, 2023, 20 CME hours 92. Midwestern Association of Plastic Surgeons, 2024, 6 CME hours 93. Midwest Association of Plastic Surgeons, 2024, 6 CME hours 94. American Society of Plastic Surgeons, 2023, 20 CME hours 95. American Society of Plastic Surgeons, 2024, 10 CME hours 96. American Society of Plastic Surgeons, 2025, 14 CME hours

97. New York Regional Society of Plastic Surgeons, 2025, 4 CME

MENTORING AND ADVISOR ACTIVITY

1. Biomedical Research Design, 2005
Sarajane Stevens, Christopher Westphal, Therese Rollmann
Jennifer Wager, Joseph Cabelka
2. D. Heath Stacey, MD, 2006 - 2007
3. Thomas Sitzman, MD, 2004 - 2008

CONSULTING ACTIVITY

1. Wisconsin Innovation Service Center, 2002 - 2004
2. Smith & Nephew Advisory Panel, 2004
3. Shuttleworth & Ingersoll, 2004 - 2005
4. Betty, Neuman & McMahon, 2004 – 2005
5. Angiotech, 2008 - 2013
6. GuidePoint Global, 2008 - 2014
7. Accuative Medical Ventures, 2008 – 2009
8. AesthTec, 2009
9. UBS Global Asset Management, 2009
10. Suneva Medical, 2011 - 2016
11. The Doctors Company, 2011 - 2014
12. Viora, 2012 - 2015
13. Surgical Specialties Corporation, 2013 - 2015
14. RTI Surgical, 2013 – 2015
15. Merz Aesthetics, 2017 – 2021
16. Innocoll Pharmaceuticals, 2018
17. Venus Concepts, 2019 – 2022
18. Surgical Innovations Associates, Medical Monitor, 2020 – 2023
19. LIFTT (Leading Innovation In Future Technology and Treatment), 2025 - present

LEGAL EXPERT

1. Federal Court 2024
2. State of Illinois Court 2012

GRANT SUPPORT

1. Effect of electrostimulation on postoperative nausea and vomiting. University of Wisconsin Health Ambulatory Care Innovation Grant, 2007. \$2,000
2. Human pre-adipocytes and biological scaffolds for fat tissue engineering. Plastic Surgery Education Foundation, 2007. \$40,000

INDUSTRY SPONCERED RESEARCH

1. Surgical Innovation Associates: DuraSorb surgical mesh. Clinical studies of a novel absorbable monofilament surgical mesh for soft tissue support in aesthetic breast and body surgery. 2019

KAROL A GUTOWSKI, MD, FACS

2. Venus Concepts: Bliss noninvasive fat reduction and skin tightening. First clinical site for evaluation of a combined laser and radiofrequency body contouring device. 2019

1. The effects of glycosidases on the survival of rat erythrocytes in circulation. **Gutowski KA**, Linseman DA, Aminoff D. *Carbohydrate Research* 178: 307, 1988
2. Estimation of *in vivo* reticuloendothelial system phagocytic activity in rats by direct blood clearance techniques and nuclear scintigraphy. Goyal DP, **Gutowski KA**, Merion RM. *J Leukocyte Biology* 48: 60, 1990
3. Flow cytometric analysis of human erythrocytes: I. Probed with lectins and immunoglobulins. **Gutowski KA**, Hudson JL, Aminoff D. *Experimental Gerontology* 22: 315, 1991
4. Saline-filled breast implants: A Plastic Surgery Educational Foundation multicenter outcomes study. **Gutowski KA**, Mesna GT, Cunningham BL. *Plast Reconstr Surg* 100: 1019, 1997
5. Effects of capsular contracture on ultrasonic screening for silicone gel breast implant rupture. Medot M, Landis GH, McGregor CE, **Gutowski KA**, Foshager MC, Griffiths HA, Cunningham BL. *Ann Plast Surg* 39: 337, 1997
6. Saline-filled breast implant safety and efficacy: A multicenter retrospective review. Cunningham BL, Loki A, **Gutowski KA**. *Plast Reconstr Surg* 105: 2143, 2000
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24. Spring M, **Gutowski KA**. Incidence and prevention of DVT & PE in plastic surgery patients. American Society for Aesthetic Plastic Surgery Annual Meeting. Orlando, Florida. April 2006.
25. Piasecki JH, **Gutowski KA**. Maximizing purity and viability of fat grafts improves survival. American Society for Aesthetic Plastic Surgery Annual Meeting. Orlando, Florida. April 2006.
26. Spring M, **Gutowski KA**. What is plastic and reconstructive surgery? A survey of residents, medical and nursing students and lay persons in the age of reality TV. Midwestern Association of Plastic Surgeons. Chicago, Illinois. April, 2006.
27. Ambay RS, **Gutowski KA**. Demystifying internet marketing: What are you paying for? Midwestern Association of Plastic Surgeons. Chicago, Illinois. April, 2006.
28. Bennett L, **Gutowski KA**. A blast to the bones: Symmetric bony destruction of the fingers. Society of General Internal Medicine Annual Meeting. Los Angeles, California. April, 2006.
29. Bentz ML, **Gutowski KA**, Munoz-Del Rio A, Larson DL, Edwards M, Hansen J, Lawrence WT, Stevenson T. Integrated plastic surgery residency applicant survey: Applicant demographics and process feedback. Association of Academic Chairmen in Plastic Surgery Annual Meeting. Hilton Head, North Carolina. May, 2006.

Page 30 of 61

KAROL A GUTOWSKI, MD, FACS

30. Piasecki JH, **Gutowski KA**. Scaffold Matrix Character Affects the In Vivo Performance of Purified Adipocyte Fat Grafts. American Society for Aesthetic Plastic Surgery Annual Meeting. New York, New York. April 2007.
31. Stacey DH, Doyal JF, **Gutowski KA**. The use of safety devices affects facial fracture patterns in motor vehicle collisions: Analysis of the National Trauma Database. Midwestern Association of Plastic Surgeons. Chicago, Illinois. May, 2007.
32. Warner J, **Gutowski KA**, Rao VK. Partner attitudes towards breast augmentation. Midwestern Association of Plastic Surgeons. Chicago, Illinois. May, 2007.

33. Ambay R, Halberg RB, Durkee B, Weichert J **Gutowski KA**. A novel approach to detect cancer after placement of silicone breast implants. Midwestern Association of Plastic Surgeons. Chicago, Illinois. May, 2007.
34. Poore SO, Stacey DH, Fox B, Bentz ML, **Gutowski KA**. Community acquired methicillin-resistant *staphylococcus aureus* in plastic surgery patients: Correct diagnosis, treatment and follow up. Midwestern Association of Plastic Surgeons. Chicago, Illinois. May, 2007.
35. Hanson SE, **Gutowski KA**. Primary breast lymphoma following augmentation mammoplasty. Midwestern Association of Plastic Surgeons. Chicago, Illinois. May, 2007.
36. Piasecki JH, **Gutowski KA**, Moreno K, Lahvis G. Beyond the cells: Scaffold matrix composition affects the in vivo performance of purified adipocyte fat grafts. Midwestern Association of Plastic Surgeons. Chicago, Illinois. May, 2007.
37. Warner JP, **Gutowski KA**, Marcus BC, National Interdisciplinary Rhinoplasty Study. American Academy of Facial Plastic and Reconstructive Surgery Fall Meeting. Washington, DC. September 2007.
38. Stacey DH, Doyle JD, **Gutowski KA**. Safety device use affects the incidence patterns of facial trauma in motor vehicle collisions: An analysis of the National Trauma Database from 2000-2004. American Society of Plastic Surgeons Scientific Meeting. Baltimore, Maryland. October 2007.
39. Stacey DH, Spring M, Breslin T, Rao VK, **Gutowski KA**. Exploring the effects of referring general surgeon's views on breast reconstruction utilization. American Society of Plastic Surgeons Scientific Meeting. Baltimore, Maryland. October 2007.

Page 31 of 61

KAROL A GUTOWSKI, MD, FACS

40. Ambay RS, Halberg RB, Grudzinski J, Gard CG, Reeder SB, **Gutowski KA**, Weichert JP. A novel marker for the detection of recurrent or occult breast cancer in a previously reconstructed breast with silicone implants. American Association of Plastic Surgeons Annual Meeting. Boston, Massachusetts. April 2008.
41. Warner JP, **Gutowski KA**, Marcus BC, National Interdisciplinary Rhinoplasty Study. Wisconsin Society of Plastic Surgeons Annual Meeting. Milwaukee, Wisconsin. April 2008.
42. Larson JD, **Gutowski KA**, Rao VK, Marcus BC. The effect of electroacustimulation on postoperative nausea, vomiting and pain

in the outpatient cosmetic surgery population: Preliminary report of a randomized, blinded trial. Midwestern Association of Plastic Surgeons. Chicago, Illinois. May 2008.

43. Warner JP, Marcus BC, **Gutowski KA**. National interdisciplinary rhinoplasty survey. Midwestern Association of Plastic Surgeons. Chicago, Illinois. May 2008.
44. Stacey DH, Warner JP, Sillah N, Gould JC, Garren MJ, **Gutowski KA**. National bariatric and massive weight loss body contouring survey. Midwestern Association of Plastic Surgeons. Chicago, Illinois. May 2008.
45. Ambay RS, Gard CG, Grudzinski J, Halberg RB, **Gutowski KA**, Bentz ML, Weichert JP. A novel phospholipid ether analogue to detect recurrent or occult breast cancer in a TRAM reconstructed breast. Plastic Surgery Research Council Annual Meeting. Springfield, Illinois. May 2008.
46. Poore SO, **Gutowski KA**, Marcus BC. Personality types and cosmetic surgery. American Academy of Facial Plastic and Reconstructive Surgery. Chicago, Illinois. September 2008.
47. Stacey DH, Warner JP, Duggal A, **Gutowski KA**, Marcus BC. International facelift survey. American Academy of Facial Plastic and Reconstructive Surgery. Chicago, Illinois. September 2008.
48. Alderman A, Collins ED, Grotting J, Sulkin A, Neligan P, Haeck P, **Gutowski KA**. Benchmarking outcomes in plastic surgery: National complication rates for abdominoplasty and breast augmentation. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. November 2008.
49. Poore SO, **Gutowski KA**, Marcus B. Aesthetic surgery and personality traits: Application of the Big Five personality indicator. Plastic Surgery Senior Residents Conference. January 2009.
50. Sitzman TJ, Hanson SE, Alsheik NH, Gentry LR, Doyle JF, **Gutowski KA**. A simple set of clinical criteria to guide utilization of maxillofacial CT in trauma patients. American Association of Plastic Surgeons Annual Meeting. Rancho Mirage, California. March 2009.

Page 32 of 61

KAROL A GUTOWSKI, MD, FACS

51. Sitzman TJ, Hanson SE, King TW, **Gutowski KA**. Rapid identification of vessel occlusion in free tissue transfers using continuous monitoring of tissue glucose levels. Plastic Surgery Research Council. Pittsburgh, PA. May 2009.
52. Sitzman TJ, Hanson SE, Alsheik NH, Gentry LR, Doyle JF, **Gutowski KA**. A simple set of clinical criteria to guide utilization of maxillofacial CT in trauma patients. Midwestern Association of

Plastic Surgeons. Chicago, Illinois. April 2009.

53. Sitzman TJ, Hanson SE, Alsheik NH, Gentry LR, Doyle JF, **Gutowski KA**. A simple set of clinical criteria to guide utilization of maxillofacial CT in trauma patients. Plastic Surgery Research Council. Pittsburgh, Pennsylvania. May 2009.
54. Stacey DH, Lahvis GL, Masters K, **Gutowski KA**. Optimization of the 3D culture environment to promote adipogenic differentiation of human preadipocytes in vivo. American Society of Plastic Surgeons Annual Meeting. Seattle, Washington. October 2009.
55. Larson JD, **Gutowski KA**, Marcus BC, Rao VK, Avery PG. The effect of electroacustimulation on postoperative nausea, vomiting and pain in the outpatient cosmetic surgery population: A prospective, randomized, blinded clinical trial. American Society of Plastic Surgeons Annual Meeting. Seattle, Washington. October 2009.
56. Howard MA, **Gutowski KA**. MRSA and MSSA in patients undergoing plastic surgery: Prevalence in 3779 patients and implementation of a surveillance and surgical site infection reduction protocol. American Society of Plastic Surgeons Annual Meeting. Seattle, Washington. October 2009.
57. Sisco M, Du H, Howard MA, Warner JP, **Gutowski KA**, *et al*. Have we expanded equitable delivery of postmastectomy breast reconstruction in the new millennium? Evidence from the national cancer data base. American College of Surgeons Clinical Congress. San Francisco, California. October 2011.
58. Sillah NM, Poore SO, Mahajan AY, **Gutowski KA**. Patient safety in the operating room: A review of perioperative risks and methods to minimize risks. Midwestern Association of Plastic Surgeons Annual Meeting. Chicago, Illinois. April 2012.
59. Sillah NM, Sitzman TJ, Hanson SE, Gentry LR, Doyle JF, **Gutowski KA**. Validation of clinical criteria for obtaining maxillofacial CT in trauma patients. American Society of Plastic Surgeons Annual Meeting. San Diego, California. October, 2013.
60. Sillah NM, Sitzman TJ, Hanson SE, Gentry LR, Doyle JF, **Gutowski KA**. Validation of clinical criteria for obtaining maxillofacial CT in trauma patients. Plastic Surgery Research Council Annual Meeting. New York, New York. March, 2014.

Page 33 of 61

KAROL A GUTOWSKI, MD, FACS

61. Mlodinow AS, Khavanin N, Ver Halen JP, Rambachan A, **Gutowski KA**, Kim JYS. Increased Anesthesia Duration Increases Venous Thromboembolism Risk in Plastic Surgery: A Six-Year Analysis of Over 19,000 Cases. Plastic Surgery Research Council Annual Meeting. New York, New York. March, 2014.

62. Kim JY, Mlodinow A, Khavanin N, **Gutowski KA**, Hume KM, Simmons CJ, Weiss M, Murphy RX. Development of a breast reconstruction risk assessment (BRA) score: An individual risk calculator for complications using the NSQIP and TOPS databases. American Association of Plastic Surgeons Annual Meeting. Miami, Florida. April 2014.
63. Linville C, **Gutowski KA**. What we are getting sued for now. Ohio Valley Society of Plastic Surgeons Annual Meeting. White Sulphur Springs, West Virginia. June, 2014.
64. Kim JY, Mlodinow A, Khavanin N, **Gutowski KA**, Hume KM, Simmons CJ, Weiss M, Murphy RX. Development of a breast reconstruction risk assessment (BRA) score: An individual risk calculator for complications using the NSQIP and TOPS databases. European Society of Plastic, Reconstructive and Aesthetic Surgery Quadrennial Meeting. Edinburgh, United Kingdom. July, 2014.
65. Kim JY, Mlodinow A, Khavanin N, **Gutowski KA**, Hume KM, Simmons CJ, Weiss M, Murphy RX. Individualized risk of surgical complications: An application of the breast reconstruction risk assessment (BRA) score. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October 2014.
66. Drury KE, Lanier ST, Khavanin N, Hume KM, **Gutowski KA**, Murphy RX, Fine N, Kim JYS. Impact of postoperative antibiotic prophylaxis duration on surgical site infections in autologous breast reconstruction. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October 2014.
67. Cain LR, **Gutowski KA**. Medical-Legal Closed Claims Review for Plastic Surgery. Senior Resident's Conference at the American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October 2014.
68. Mlodinow I, Kim JY, Khavanin N, **Gutowski KA**, Hansen NM, Hume KM, Simmons CM, Murphy RX. Breast reconstruction risk assessment (BRA) score for surgical site infections: Comparing risk models based on TOPS and NSQIP. Society of Surgical Oncology 68th Annual Cancer Symposium. Houston, Texas. March 2015.
69. Chow I, Khavanin N, Hanwright PJ, **Gutowski KA**, Hume KM, Murphy RX, Mohammed S. Body contouring in plastic surgery: A risk assessment model of liposuction volume as a function of body mass. American Association of Plastic Surgeons Annual Meeting. Scottsdale, Arizona. April 2015.
70. Chow I, Alghoul MS, Khavanin N, Hanwright PJ, Mayer KE, Hume

Page 34 of 61

KAROL A GUTOWSKI, MD, FACS

KM, Murphy Jr RX, **Gutowski KA**, Kim JYS. Is there a safe lipoaspirate volume? A risk assessment model of liposuction

volume as a function of body mass index based on TOPS data. Plastic Surgery Research Council Annual Meeting. Seattle, Washington. May, 2015.

71. Ariyan S, Chung K, **Gutowski KA**, et al. Prophylaxis for DVT and PE in Plastic Surgery: A Systematic Review and Meta-Analysis. American Association of Plastic Surgeons Annual Meeting, Scottsdale, Arizona. April 2015.
72. Chow I, Khavanin N, Hanwright PJ, **Gutowski KA**, Hume KM, Murphy Jr RX, Alghoul MS, Kim JYS, Is there a safe lipoaspirate volume? A risk assessment model of liposuction volume as a function of body mass index based on TOPS data. American Society for Aesthetic Plastic Surgery Annual Meeting, Montreal, Canada. May 2015.
73. Khavanin N, Jordan S, Vieira B, Hume K, Mlodinow A, Simmons C, Murphy R, **Gutowski KA**, Kim J. Combining abdominal and cosmetic breast surgery does not increase short term complication rates: A pre-operative risk stratification tool. American Society for Aesthetic Plastic Surgery Annual Meeting, Montreal, Canada. May 2015.
74. Chow I, Hanwright P, **Gutowski KA**, Kim JYS. Is there a limit? A risk assessment model of liposuction volume on complications in lipoabdominoplasty. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.
75. Vu M, **Gutowski KA**, Blough J, Simmons C, Kim, JYS. Development of an individualized surgical risk calculator for abdominoplasty procedures. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.
76. Vieira BL, Qin CD, Jordan SW, **Gutowski KA**, Kim JYS. Assessing the association between seroma and surgical site infection in immediate breast reconstruction. American Society of Plastic Surgeons Annual Meeting. Los Angeles, California. September 2016.
77. Dorfman R, Vieira B, Chow I, Hanwright P, Sinno S, **Gutowski KA**. Is there a limit? Concurrent trunk liposuction with abdominoplasty. American Association of Plastic Surgeons Annual Meeting, Austin, Texas. March 2017.
78. Veselack T, **Gutowski KA**. An analysis of 200 consecutive cases of liposuction for treating lipedema. American Society of Plastic Surgeons Annual Meeting – Virtual. October 2020.
79. Oberhofer H, Rao A, Carlson JT, Mast BA, Simmons CJ, **Gutowski KA**, Satteson ES. Opioid Prescribing Practices Among Plastic Surgeons – Results of the 2019 ASPS Survey. American

Society of Plastic Surgeons Annual Meeting – Virtual. October 2020.

80. Carlson JT, Oberhofer H, Rao A, Mast BA, Simmons CJ, **Gutowski KA**, Satteson ES. Opioid Prescribing Practices Among Plastic Surgeons – Results of the 2019 ASPS Survey. Florida Plastic Surgery Forum. Palm Beach, Florida. December 2020.
81. **Gutowski KA**. Clinical Evaluation of the Safety and Efficacy of a 1064 nm Diode Laser and Vacuum Assisted Pulsed Electromagnetic fields and multipolar radiofrequency for noninvasive fat reduction of the abdomen and flanks. American Society for Laser Medicine & Surgery, San Diego, California, April 2022.
82. Wang MA, Santiago GS, **Gutowski KA**. Awake autologous fat transfer for breast augmentation: A safe and effective technique with high patient satisfaction. The Aesthetic MEET. Austin, Texas. March 2025.
83. Wang MA, Haveles CS, Santiago GS, **Gutowski KA**. Diastasis plication in abdominoplasty: Dogma to be reconceptualized? A systematic review. The Aesthetic MEET. Boston, Massachusetts. May 2026.

PRESENTATIONS & INSTRUCTIONAL COURSES

1. Red blood cell senescence profiles and insulin dependent diabetes mellitus. The Thirty-Third Annual University of Michigan Medical School Research Forum. Ann Arbor, Michigan. October, 1987.
2. Flow cytometric analysis of human erythrocytes probed with FITC-labeled lectins and immunoglobulins. The Eighth Annual Cellular and Molecular Biology Symposium, Ann Arbor, Michigan. September, 1988.
3. Saline breast implants: A multi-center cohort outcomes study. Minnesota Surgical Residents Society. Minneapolis, Minnesota. June, 1996.
4. Long distance running throughout history: A medical perspective. The University of Minnesota History Symposium. Minneapolis, Minnesota. March, 1997.
5. Determining silicone gel breast implant integrity: A cost analysis. American Society of Aesthetic Plastic Surgeons Annual Meeting.

KAROL A GUTOWSKI, MD, FACS

New York, New York. May, 1997.

6. Elbow reanimation after brachial plexus injuries: The role of nerve and muscle transfers. Plastic Surgery Grand Rounds. University of Texas Southwestern. Dallas, Texas, April, 1999.
7. Closed catheter irrigation is as effective as open drainage for treatment of pyogenic flexor tenosynovitis. Plastic Surgery Senior Residents Conference. Galveston, Texas. April, 1999.
8. Flexor tendon injuries, healing and rehabilitation. Hand Surgery Grand Rounds. New York University, New York, New York. October, 1999.
9. Nerve and muscle transfers for elbow reanimation after brachial plexus injuries. Hand Surgery Grand Rounds. New York University, New York, New York. April, 2000.
10. Evaluation and initial management of carpal tunnel syndrome and other nerve compressions. Primary Care Outreach Program. Madison, Wisconsin. September, 2000.
11. Options in breast reconstruction: What the primary care provider should know. Primary Care Outreach Program. Madison, Wisconsin. September, 2000.
12. Breast reconstruction: Concepts for the general surgeon. University of Wisconsin Department of Surgery Grand Rounds, Madison, Wisconsin, October, 2000.
13. Optimizing treatment of flexor tendon injuries, healing and rehabilitation. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. October, 2000.
14. Brachial plexus injuries: Surgical treatment with muscle and nerve transfers. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. October, 2000.
15. Plastic surgeons: What do they do and how do I become one. Alpha Epsilon Delta Medical Fraternity. Madison, Wisconsin. November, 2000.
16. Safety and efficacy of saline-filled breast implants: Results of two multicenter outcomes studies. Department of Surgery Research Seminar, Madison, Wisconsin. November, 2000.

17. Nerve compressions in the upper extremity: More than just carpal tunnel syndrome. Beloit Memorial Hospital Grand Rounds, Beloit, Wisconsin. December, 2000.

Page 37 of 61

KAROL A GUTOWSKI, MD, FACS

18. Current reconstructive options after skin-sparing mastectomy. Madison Surgical Society, Madison, Wisconsin. December, 2000.
19. Wound healing and closure. Department of Surgery Medical Student Seminar. Madison, Wisconsin. January, 2001.
20. Current concepts in aesthetic and reconstructive surgery. Mercy Medical Center Grand Rounds, Oshkosh, Wisconsin. February, 2001.
21. Forehead and periorbital aging: An algorithmic approach to evaluation and treatment. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. February, 2001.
22. Closed catheter irrigation of the flexor tendon sheath is as effective as open drainage and irrigation for treatment of pyogenic flexor tenosynovitis. Plastic Surgery Research Council. Milwaukee, Wisconsin. June, 2001.
23. Optimizing breast reconstruction: The role of skin-sparing mastectomy. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. July, 2001.
24. Hand therapy and rehabilitation. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. September, 2001.
25. Closed catheter irrigation of the flexor tendon sheath is as effective as open drainage and irrigation for treatment of pyogenic flexor tenosynovitis. American Society of Plastic Surgeons Scientific Meeting. Orlando, Florida. November, 2001.
26. An integrated approach to healing complex wounds. Department of Surgery Medical Student Seminar. Madison, Wisconsin. January, 2002.
27. Update on forehead and periorbital rejuvenation. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. February, 2002.
28. Comparison of adult and pediatric split liver transplantation with microsurgical anastomosis of the hepatic artery. Midwestern Association of Plastic Surgeons. Chicago, Illinois. April, 2002.

29. Office-based facial rejuvenation and skin care: A practical approach for the plastic surgeon. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. June, 2002.

30. Wound healing: Dressings, sutures and beyond. Orthopedic

Page 38 of 61

KAROL A GUTOWSKI, MD, FACS

Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. June, 2002.

31. Anesthetic techniques for breast procedures: Radiology Conference, University of Wisconsin, Madison, Wisconsin. September, 2002.

32. Clinical concepts in wound healing. Department of Surgery Medical Student Seminar. Madison, Wisconsin. January, 2003.

33. Hand therapy: Optimizing outcomes after hand surgery. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. February, 2003.

34. Current concepts in breast reconstruction for general surgeons. Tumor Board Grand Rounds. Finley Hospital, Dubuque, Iowa. April, 2003.

35. Body contouring after large weight loss. Meriter Hospital, Madison, Wisconsin. June, 2003.

36. Facial rejuvenation: Resurfacing with chemical peels. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. June, 2003.

37. Facial rejuvenation: Botox and tissue fillers. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. June, 2003.

38. Complex wounds. PSEF Oral and Written Board Preparation Course, Chicago, Illinois. July, 2003.

39. Microsurgery and vascular approaches. PSEF Oral and Written Board Preparation Course, Chicago, Illinois. July, 2003.

40. Eyelid, cheek, lip and nasal reconstruction. PSEF Oral and Written Board Preparation Course, Chicago, Illinois. July, 2003.

41. Mock Oral Boards. PSEF Oral and Written Board Preparation Course, Chicago, Illinois. July, 2003.

- 42. Plastic surgery CPT coding: A perspective from the operating room. Wisconsin Medical Society 4th Annual Coding Symposium, Wisconsin Dells, Wisconsin. October, 2003.
- 43. Skin care and chemical peels for facial rejuvenation: A practical approach. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. February, 2004.

Page 39 of 61

KAROL A GUTOWSKI, MD, FACS

- 44. Use of tissue fillers and Botox in facial rejuvenation. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. February, 2004.
- 45. Reconstructive options after breast cancer. Grand Rounds. Watertown Memorial Hospital. Watertown, Wisconsin, March, 2004.
- 46. Aesthetic surgery: What are the options? Grand Rounds. Beloit Memorial Hospital, Beloit, Wisconsin. March, 2004.
- 47. Surgical facial rejuvenation: Midface, cheek and neck. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. April, 2004.
- 48. Options for correcting forehead and periorbital aging: Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. April, 2004.
- 49. PowerPoint presentation skills for plastic surgeons. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. May, 2004.
- 50. Beyond bariatric surgery: Improving body shape after the weight loss. Meriter Hospital, Madison, Wisconsin. August, 2004.
- 51. Complex wounds. PSEF Oral and Written Board Preparation Course, Orlando, Florida. September, 2004.
- 52. Microsurgery and vascular approaches. PSEF Oral and Written Board Preparation Course, Orlando, Florida. September, 2004.
- 53. Eyelid, cheek, lip and nasal reconstruction. PSEF Oral and Written Board Preparation Course, Orlando, Florida. September, 2004.
- 54. Plastic surgery CPT coding: A perspective from the operating room Part II. Wisconsin Medical Society 5th Annual Coding

Symposium, Wisconsin Dells, Wisconsin. September, 2004.

- 55. Flexor tendon repair: Optimizing the outcomes. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. September, 2004.
- 56. Clinical research: From the bench to the bedside. American Society of Plastic Surgeons Annual Meeting, Philadelphia, Pennsylvania. October, 2004.
- 57. Reconstructive and aesthetic breast surgery. Divine Savior Hospital Grand Rounds. Portage, Wisconsin. November, 2004

Page 40 of 61

KAROL A GUTOWSKI, MD, FACS

- 58. Facial skin care and chemical peels. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. February, 2005.
- 59. Brachial plexus reconstruction: Evaluation, options and outcomes. Orthopedic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. March, 2005.
- 60. Fat grafts: The future or back to the basics? Visiting Professor at University of Texas Southwestern, Dallas, Texas. June, 2005.
- 61. Venous thromboembolism in plastic surgery patients: Survey results of ASPS members. Visiting Professor at University of Texas Southwestern, Dallas, Texas. June, 2005.
- 62. Tracking operation and outcomes for plastic surgeons. American Society of Plastic Surgery Nurses Annual Meeting, Chicago, Illinois. September, 2005.
- 63. A complication survival guide (Panel). American Society of Plastic Surgeons Annual Meeting, Chicago, Illinois. September, 2005.
- 64. Clinical research: From the bench to the bedside. American Society of Plastic Surgeons Annual Meeting, Chicago, Illinois. September, 2005.
- 65. Improving body contour after bariatric surgery. UW Health, Madison, Wisconsin. October, 2005.
- 66. Assessment and interventions in facial trauma. Trauma Surgery Conference. University of Wisconsin, Madison, Wisconsin. February 2006.

- 67. Evaluation and treatment of zygomaticomaxillary and panfacial fractures. Occulofacial Plastic Surgery Techniques Course. Madison, Wisconsin. February 2006.
- 68. Skin care and chemical peels: An approach for plastic surgeons. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. April 2006.
- 69. Chemical peels and non-ablative skin treatments. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. May, 2006.
- 70. A physician's perspective on coding for plastic surgery. AAPC Meeting. Madison, Wisconsin. May, 2006.

Page 41 of 61

KAROL A GUTOWSKI, MD, FACS

- 71. Tracking operations and outcomes for plastic surgeons. American Cleft Palate Association Annual Meeting, Vancouver, Canada. March 2006.
- 72. Hand injuries: ER evaluation and treatment. Emergency Medicine Grand Rounds. University of Wisconsin, Madison, Wisconsin. May, 2006.
- 73. Clinical research: From the bench to the bedside. American Society of Plastic Surgeons Annual Meeting, San Francisco, California. October, 2006.
- 74. Tracking operations and outcomes for plastic surgeons. American Society of Plastic Surgeons Annual Meeting Resident's Day, San Francisco, California. October, 2006.
- 75. Pay for performance: The next evolution of American health care. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. January, 2007.
- 76. Body contouring after massive weight loss: Making it easy. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. January, 2007.
- 77. Patient safety in the OR: Basic principals to reduce adverse events and improve outcomes. Wisconsin Society of Plastic Surgeons. Milwaukee, Wisconsin. March, 2007.
- 78. Hand injuries: Evaluation and initial treatment. Plastic Surgery Resident Boot Camp. University of Wisconsin, Madison, Wisconsin. July, 2007.

79. Assessment and intervention in facial trauma. Plastic Surgery Resident Boot Camp. University of Wisconsin, Madison, Wisconsin. July, 2007.
80. Selecting the best residents: The University of Wisconsin experience since 2000. Association of Academic Chairmen of Plastic Surgery Spring Education Retreat. Coeur d'Alene, Idaho. May, 2007.
81. Coding for plastic surgery: Getting it from the source. 8th Annual Midwest Coding & Practice Management Symposium. Wisconsin Dells, Wisconsin. October, 2007.
82. Current status of body contouring after massive weight loss. Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. December, 2007.

Page 42 of 61

KAROL A GUTOWSKI, MD, FACS

83. Injection Lipolysis: Solution or Snake Oil? Plastic Surgery Grand Rounds. University of Wisconsin, Madison, Wisconsin. December, 2007.
84. The science of fat transfer (Panel). American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. November, 2008.
85. Update on breast reconstruction. Obstetrics and Gynecology Grand Rounds. NorthShore University HealthSystem. Evanston, Illinois. February, 2009.
86. Eliminating drains in abdominoplasty using a modification of progressive tension sutures. Midwestern Association of Plastic Surgeons. Chicago, Illinois. April, 2009.
87. Stem cells: A practical approach for plastic surgeons. Hot Topics in Cosmetic Surgery Panel. American Society for Aesthetic Plastic Surgery Annual Meeting. Las Vegas, Nevada. May, 2009.
88. The difficult Mohs defect. Stephen Mathes Reconstructive Symposium. Dallas, Texas. July, 2009.
89. Difficult craniofacial cases (Panel). Stephen Mathes Reconstructive Symposium. Dallas, Texas. July, 2009.
90. Gastrocnemius, soleus, sural artery flap and peroneal artery flap. Techniques in Flap Dissection Workshop. Dallas, Texas. July, 2009.
91. VTE prophylaxis and incidence captured in the TOPS 1.0

database. ASPS Partners in Quality Leadership Summit. Chicago, Illinois. July, 2009.

92. Communicating in the OR and disrupting the disruptive physician – ASPS/ASPSN Patient Safety Panel. American Society of Plastic Surgeons Annual Meeting. Seattle, Washington. October, 2009.
 93. Utilizing communication and teamwork in the operating room to prevent errors: Strategies to identify and prevent errors and near misses in your practice. Instructional Course, American Society of Plastic Surgeons Annual Meeting. Seattle, Washington. October, 2009.
 94. East meets West: Fat grafting and stem cells – Clinical outcomes and scientific evidence (Panel Moderator). American Society of Plastic Surgeons Annual Meeting. Seattle, Washington. October, 2009.
 95. Botox breast lift. Hot topics in plastic surgery panel. American Society of Plastic Surgeons Annual Meeting. Seattle, Washington. October, 2009.
- Page 43 of 61
- KAROL A GUTOWSKI, MD, FACS**
96. Sculptra update. Hot topics in plastic surgery panel. American Society of Plastic Surgeons Annual Meeting. Seattle, Washington. October, 2009.
 97. Restylane and Botox live injection: Growing your practice with injectables and dermal fillers. American Society of Plastic Surgeons Annual Meeting. Seattle, Washington. October, 2009.
 98. Options in body contouring after bariatric surgery. NorthShore Bariatric Surgery Support Group. Vernon Hills, Illinois. February, 2010
 99. Update in plastic surgery: What's new for your face and body? OASIS Lecture Series, Northbrook, Illinois. February, 2010.
 100. Fat harvesting devices – Overview of technology. International Hot Topics in Cosmetic Surgery Panel. American Society for Aesthetic Plastic Surgery Annual Meeting. Washington, DC. April, 2010.
 101. Soft tissue fillers: Improving outcomes and treating complications. University of Wisconsin Plastic Surgery Grand Rounds. Madison, Wisconsin. June, 2010

102. Biofilms and soft tissue fillers. Hot Topics in Plastic Surgery Panel. American Society of Plastic Surgeons Annual Meeting. Toronto, Canada. September, 2010.
103. Incorporating nipple sparing mastectomy into your practice. Instructional Course, American Society of Plastic Surgeons Annual Meeting. Toronto, Canada. October, 2010.
104. Management of emergency cases in the OR: Identifying and treating malignant hyperthermia. Instructional Course, American Society of Plastic Surgeons Annual Meeting. Toronto, Canada. October, 2010.
105. Biofilms and soft tissue fillers. Best of Hot Topics in Plastic Surgery Panel. American Society of Plastic Surgeons Annual Meeting. Toronto, Canada. October, 2010.
106. Applying the Caprini risk assessment scale to a plastic surgery practice. Prevention of VTE in plastic surgery patients panel. American Society of Plastic Surgeons Annual Meeting. Toronto, Canada. October, 2010.

Page 44 of 61

KAROL A GUTOWSKI, MD, FACS

107. Breast reconstruction options after risk reducing mastectomy. Cancer Wellness Center. Northbrook, Illinois. October, 2010
108. Reconstructive options for Mohs defects. Northwestern University Plastic Surgery Grand Rounds. Chicago, Illinois. October, 2010.
109. Making surgery safer for your patients: A new look at preventing VTE. Northwestern University Division of Plastic Surgery Grand Rounds. Chicago, Illinois. October, 2010.
110. Improving the forehead, brow and eyelids: An algorithmic approach. University of Chicago Plastic Surgery Conference. Chicago, Illinois. January 2011.
111. Facial rejuvenation: Approaches to the face and neck. University of Chicago Plastic Surgery Conference. Chicago, Illinois. January 2011.
112. Making surgery safer for your patients: A new look at preventing venous thromboembolism. Point-Counter Point Symposium - Controversies in VTE Prophylaxis. New York Regional Society of Plastic Surgeons Spring Meeting. New York, New York. April, 2011.

113. Progressive tension sutures – No drain abdominoplasty. Instructional Course, American Society for Aesthetic Plastic Surgery Annual Meeting. Boston, Massachusetts. May, 2011.
114. LaViv - A new autologous soft-tissue filler. Hot Topics Course. American Society of Plastic Surgeons Annual Meeting. Denver, Colorado, 2011.
115. Incorporating nipple sparing mastectomy into your practice. Instructional Course, American Society of Plastic Surgeons Annual Meeting. Denver, Colorado, 2011.
116. Management of emergency cases in the OR: Identifying and treating malignant hyperthermia. Instructional Course, American Society of Plastic Surgeons Annual Meeting. Denver, Colorado, 2011.
117. Breast augmentation panel: Selecting the right implant - Moderator. Midwestern Association of Plastic Surgeons Annual Meeting. Chicago, Illinois. April, 2012.
118. Progressive tension sutures – No drain abdominoplasty. Instructional Course, American Society for Aesthetic Plastic Surgery Annual Meeting. Vancouver, Canada. May, 2012.

Page 45 of 61

KAROL A GUTOWSKI, MD, FACS

119. Medicolegal Hot Topics: What we are getting sued for now. Premier Global Hot Topics. American Society for Aesthetic Plastic Surgery Annual Meeting. Vancouver, Canada. May, 2012.
120. Incorporating nipple sparing mastectomy into your practice. Instructional Course, American Society of Plastic Surgeons Annual Meeting. New Orleans, Louisiana. October, 2012.
121. Utilizing communication and teamwork in the operating room to prevent errors: Strategies to identify and prevent errors and near misses in your practice. Instructional Course, American Society of Plastic Surgeons Annual Meeting. New Orleans, Louisiana. October, 2012.
122. Noninvasive radio frequency devices for skin tightening and fat reduction: An overview of RF energy application and experience with the Viora ReAction system. Hot Topics Course. American Society of Plastic Surgeons Annual Meeting. New Orleans, Louisiana. October, 2012.
123. ASPS fat grafting guiding principles and next steps. American

Society of Plastic Surgeons Annual Meeting. New Orleans, Louisiana. October, 2012.

124. Soft tissue fillers: An introduction to safe and effective use. American Society of Plastic Surgeons Senior Residents Conference. Chicago, Illinois. December, 2012.
125. Lower facial and perioral rejuvenation. Chicago Dental Education Seminar. Buffalo Grove, Illinois. February, 2013.
126. Radiofrequency skin tightening and body contouring. Northbrook, Illinois. April 2013.
127. Plastic surgery legal claims review: What are we getting sued for now and can we prevent it? Midwestern Association of Plastic Surgeons Annual Meeting. Chicago, Illinois. April, 2013.
128. Safety Considerations for Body Contouring of Massive Weight Loss Patients. Fifth Annual Ruberg Symposium, Columbus, Ohio. September, 2013.
129. Botulinum toxins: What's the difference? Hot Topics Course. American Society of Plastic Surgeons Annual Meeting. San Diego, California. October, 2013.
130. Incorporating nipple sparing mastectomy into your practice. Instructional Course, American Society of Plastic Surgeons

Page 46 of 61

KAROL A GUTOWSKI, MD, FACS

Annual Meeting. San Diego, California. October, 2013.

131. Nonsurgical radiofrequency body contouring: How it works and what to expect. American Society of Plastic Surgeons Annual Meeting. San Diego, California. October, 2013.
132. Nonsurgical radiofrequency facial skin tightening: Evidence and long-term results. American Society of Plastic Surgeons Annual Meeting. San Diego, California. October, 2013.
133. Utilizing communication and teamwork in the operating room to prevent errors: Strategies to identify and prevent errors and near misses in your practice. Instructional Course, American Society of Plastic Surgeons Annual Meeting. San Diego, California. October, 2013.
134. Safety considerations for body contouring of massive weight loss patients. Instructional Course, American Society of Plastic Surgeons Annual Meeting San Diego, California. October, 2013.

135. Management of emergency cases in the OR: Identifying and treating malignant hyperthermia. Instructional Course, American Society of Plastic Surgeons Annual Meeting. San Diego, California. October, 2013.
136. Myth busters: Drains are not needed in body contouring procedures. American Society of Plastic Surgeons Annual Meeting. San Diego, California. October, 2013.
137. Evaluation and treatment of zygomaticomaxillary and panfacial fractures. Plastic Surgery Grand Rounds. Ohio State University, Columbus, Ohio. April 2014.
138. Soft tissue fillers: Improving outcomes and treating complications. Plastic Surgery Grand Rounds. Ohio State University, Columbus, Ohio. April 2014.
139. From hot topics to a hot practice - How innovation can drive a thriving practice. American Society for Aesthetic Plastic Surgery Annual Meeting. San Francisco, California. April, 2014.
140. Internet-based patient referral relationships. Hot Topics Course. American Society for Aesthetic Plastic Surgery Annual Meeting. San Francisco, California. April, 2014.
141. Vanquish external radiofrequency for fat reduction. Hot Topics Course. American Society for Aesthetic Plastic Surgery Annual Meeting. San Francisco, California. April, 2014.

Page 47 of 61

KAROL A GUTOWSKI, MD, FACS

142. Platelet rich plasma (PRP): Is there a role in plastic surgery? Hot Topics Course. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October 2014.
143. TOPS data analysis: Answering clinical questions. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October 2014.
144. Incorporating nipple sparing mastectomy into your practice. Instructional Course, American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October 2014.
145. Live demonstration: Injectables and fillers mini symposium. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October 2014.
146. Botulinum neuromodulators: Clinical data and applications.

American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October 2014.

147. Improving outcomes and treating complications of soft tissue fillers. Plastic Surgery Grand Rounds. Northwestern University, Chicago, IL. March 2015.
148. Botulinum neuromodulators: Current uses and future applications. New York Regional Society of Plastic Surgeons. New York, NY. April 2015.
149. Soft tissue fillers: Current uses and future applications. New York Regional Society of Plastic Surgeons. New York, NY. April 2015.
150. From hot topics to a hot practice - How innovation can drive a thriving practice. American Society for Aesthetic Plastic Surgery Annual Meeting. Montreal, Canada. May 2015.
151. Improving safety and outcomes in body contouring. University of Illinois Plastic Surgery Grand Rounds. Chicago, IL. May 2015.
152. Permanent fillers for treating acne scars. Hot Topics Course, American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.
153. Soft tissue fillers: What's new? Hot Topics Course, American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.
154. Reducing capsular contracture in breast augmentation: What's the evidence? Instructional Course, American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.

Page 48 of 61

KAROL A GUTOWSKI, MD, FACS

155. Facial rejuvenation – Nonsurgical: The evolving role of neuromodulators, American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.
156. Adding a new device to your practice: Cost vs benefit. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.
157. Nonsurgical fat reduction. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.
158. PRS Live! Toxins and fillers: Current concepts in neurotoxins for facial aesthetics. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.

159. Live demonstration: Injectables and fillers. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2015.
160. Picking the right partners: Pitfalls and successes. Keynote speaker at the American Med Spa Association. Chicago, Illinois. April, 2016.
161. Injectable soft tissue fillers: Practical applications. American Association of Plastic Surgeons Annual Meeting, New York, New York. May, 2016
162. Breast augmentation: Surgical decisions and complications. MOC Instructional Course. American Society of Plastic Surgeons Annual Meeting. Los Angeles, California. September, 2016.
163. Comprehensive approach to fillers and neuromodulators in your practice. Instructional Course. American Society of Plastic Surgeons Annual Meeting. Los Angeles, California. September, 2016.
164. No drain abdominoplasty, no more excuses. Instructional Course. American Society of Plastic Surgeons Annual Meeting. Los Angeles, California. September, 2016.
165. Volbella: New hyaluronic acid injectable filler. Hot Topics Instructional Course. American Society of Plastic Surgeons Annual Meeting. Los Angeles, California. September, 2016.
166. Should I become a medical spa director? Practice Management Reboot Camp 2.0 Instructional Course. American Society of Plastic Surgeons Annual Meeting. Los Angeles, California. September, 2016.

Page 49 of 61

KAROL A GUTOWSKI, MD, FACS

167. Evaluating new technology: Cost vs benefit considerations. State of the Art in Facial Aesthetics, Foundation for Facial Aesthetic Surgery Annual Meeting. New Orleans, Louisiana. March, 2017.
168. Soft tissue fillers: Safety and complications. State of the Art in Facial Aesthetics, Foundation for Facial Aesthetic Surgery Annual Meeting. New Orleans, Louisiana. March, 2017.
169. Botulinum Neuromodulators: The basics. State of the Art in Facial Aesthetics, Foundation for Facial Aesthetic Surgery Annual Meeting. New Orleans, Louisiana. March, 2017.

170. Practical applications of injectable neuromodulators in facial aesthetics. University of Chicago. Chicago, Illinois, April 2017.
171. Nonsurgical Facial Rejuvenation: The role of injectable fillers. University of Chicago. Chicago, Illinois, April 2017.
172. Facial Rejuvenation: Look younger with minimally invasive treatments. Millennium Surgery. Chicago Illinois, May 2017.
173. Gastric balloon for weight loss. Hot topics instructional course. American Society of Plastic Surgeons Annual Meeting. Orlando, Florida. October, 2017.
174. Latest soft tissue filler FDA approvals: Refyne, Defyne, Vollure, & Revanesse. Hot Topics Instructional Course. American Society of Plastic Surgeons Annual Meeting. Orlando, Florida. October, 2017.
175. Patient selection & education: The path to success starts before surgery. Hot Topics Instructional Course. American Society of Plastic Surgeons Annual Meeting. Orlando, Florida. October, 2017.
176. No drain abdominoplasty: Evidence and execution. American Society of Plastic Surgeons Annual Meeting. Orlando, Florida. October, 2017.
177. No drain abdominoplasty, no more excuses. Instructional Course. American Society of Plastic Surgeons Annual Meeting. Orlando, Florida. October, 2017.
178. Clinical applications of botulinum neuromodulators. University of Illinois - Chicago. Chicago, Illinois. January, 2018.
179. Soft tissue fillers: Clinical applications. University of Illinois - Chicago. Chicago, Illinois. January, 2018.

Page 50 of 61

KAROL A GUTOWSKI, MD, FACS

180. Neck rejuvenation without a neck lift. State of the Art in Facial Aesthetics, Foundation for Facial Aesthetic Surgery Annual Meeting. New Orleans, Louisiana. March, 2018.
181. Liposuction technique matters for lipedema: Fact or fake news. Fat Disorders Research Society Conference. Dallas, Texas. April, 2018.
182. Nerve blocks and long acting analgesia for plastic surgeons.

Breast Surgery and Body Contouring Symposium. Austin, Texas. July, 2018.

183. Update on gluteal fat grafting safety. Breast Surgery and Body Contouring Symposium. Austin, Texas. July, 2018.
184. No drain abdominoplasty: No more excuses. Breast Surgery and Body Contouring Symposium. Austin, Texas. July, 2018.
185. Drains or no drains: Show us the data. Breast Surgery and Body Contouring Symposium. Austin, Texas. July, 2018.
186. Take the dog out: The “4 Ls” to prevent dog ears. Breast Surgery and Body Contouring Symposium. Austin, Texas. July, 2018.
187. FDA filler update: Revanesse Versa. Hot Topics Instructional Course. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. September, 2018.
188. Real deal versus dust collector: Lasers and other machines for your office. Senior Residents Conference. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. September, 2018.
189. Advanced techniques in abdominoplasty. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. September, 2018.
190. Breast augmentation. MOC Course. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October, 2018.
191. Controversies in abdominoplasty: How much liposuction is too much. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. October, 2018.
192. Update on gluteal fat grafting safety. Aesthetica Super Symposium, Las Vegas, Nevada. March, 2019.
193. Non-surgical fat removal options. Aesthetica Super Symposium, Las Vegas, Nevada. March, 2019.

Page 51 of 61

KAROL A GUTOWSKI, MD, FACS

194. Best practices for using long acting anesthetics and nerve blocks in outpatient surgery. Aesthetica Super Symposium, Las Vegas, Nevada. March, 2019.
195. My approach to treatment of capsular contracture. Aesthetica Super Symposium, Las Vegas, Nevada. March, 2019.

196. Lipedema treatment with liposuction. Aesthetica Super Symposium, Las Vegas, Nevada. March, 2019.
197. How to avoid secondary surgery. What the masters no longer do. Aesthetica Super Symposium, Las Vegas, Nevada. March, 2019.
198. Progressive tension sutures to reduce seromas. Aesthetica Super Symposium, Las Vegas, Nevada. March, 2019.
199. Neck laser liposuction: Lessons learned. Foundation for Facial Aesthetic Surgery Annual Meeting. New Orleans, Louisiana. March, 2019.
200. Does filler choice for tear troughs matter? Foundation for Facial Aesthetic Surgery Annual Meeting. New Orleans, Louisiana. March, 2019.
201. Academic to employed to private practice aesthetic surgery transitions. American Association of Plastic Surgeons Annual Meeting, Baltimore, MD. April, 2019.
202. Refining the abdominoplasty. Breast Surgery and Body Contouring Symposium. Miami, Florida. July, 2019.
203. When and why laser-assisted liposuction works best. Breast Surgery and Body Contouring Symposium. Miami, Florida. July, 2019.
204. Lipedema – Which technique works best? Breast Surgery and Body Contouring Symposium. Miami, Florida. July, 2019.
205. Real deal versus dust collector: Lasers and other machines for your office. Senior Residents Conference. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. September, 2019.
206. Options for neuromodulator non-responders: Role of neutralizing antibodies. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. September 2019.

207. DuraSorb monofilament mesh for tissue support. American
Page 52 of 61

KAROL A GUTOWSKI, MD, FACS

Society of Plastic Surgeons Annual Meeting. Chicago, Illinois.
September 2019.

208. The basics of facial rejuvenation with injectables. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois.

September 2019.

- 209. Injection rhinoplasty: The 5-minute nose job. American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. September 2019.
- 210. Medical spa: Is this for me? American Society of Plastic Surgeons Annual Meeting. Chicago, Illinois. September 2019.
- 211. Refining the abdominoplasty for better patient outcomes. University of Chicago. Chicago, Illinois, October 2019.
- 212. Which liposuction technique is best? University of Chicago. Chicago, Illinois, October 2019.
- 213. Advanced abdominoplasty techniques. Rush University. Chicago, Illinois, February 2020.
- 214. Liposuction results: Does the technique or device matter? Rush University. Chicago, Illinois, February 2020.
- 215. Breast augmentation and capsular contracture. Miami Cosmetic Surgery. Miami, Florida, February 2020.
- 216. Lipedema: Which liposuction technique really works? Miami Cosmetic Surgery. Miami, Florida, February 2020.
- 217. Mastopexy and augmentation mastopexy simplified. Miami Cosmetic Surgery. Miami, Florida, February 2020.
- 218. Teamwork and partnerships in the aesthetic practice and with med spa affiliates. Miami Cosmetic Surgery. Miami, Florida, February 2020.
- 219. Real deal versus dust collector: Lasers and other machines for your office. Miami Cosmetic Surgery. Miami, Florida, February 2020.
- 220. Current status of injectable fillers. Plastic Surgery Innovations Series (Virtual Meeting). June 2020.
- 221. Bliss: Combined radiofrequency and laser noninvasive body contouring. American Society of Plastic Surgeons Annual Meeting – Virtual. October 2020.

Page 53 of 61

KAROL A GUTOWSKI, MD, FACS

- 222. Injecting lips in the COVID era. American Society of Plastic Surgeons Annual Meeting – Virtual. October 2020.

223. Restylane Kysse hyaluronic acid filler for lip augmentation. American Society of Plastic Surgeons Annual Meeting – Virtual. October 2020.
224. The rise and fall of RealSelf: Where to focus your online marketing. American Society of Plastic Surgeons Annual Meeting – Virtual. October 2020.
225. In office ultrasound for abdominoplasty seroma detection. American Society of Plastic Surgeons Annual Meeting – Virtual. October 2020.
226. Breast augmentation capsular contracture: Prevention and treatment. New York Regional Society of Plastic Surgeons Annual Meeting – Virtual. November 2020.
227. Nonsurgical tear trough correction. New York Regional Society of Plastic Surgeons Annual Meeting – Virtual. November 2020.
228. Injectable fillers master’s class. 47th Simposio Guerrerosantos – Virtual. November 2020.
229. Bliss: Combined radiofrequency and laser noninvasive body contouring. American Society for Aesthetic Plastic Surgery Annual Meeting – Virtual. November 2020.
230. Patient safety: It starts with keeping yourself out of trouble. University of Chicago. Chicago, Illinois, December 2020.
231. Reconstructive options for Mohs defects. University of Chicago. Chicago, Illinois, December 2020.
232. Refining abdominoplasty for better outcomes. Rush University, Chicago, Illinois. September 2021.
233. Patient selection for aesthetic surgery: Stay safe. Rush University, Chicago, Illinois. September 2021.
234. New Hyaluronic Acid Filler Products, American Society of Plastic Surgeons Annual Meeting – Virtual. Atlanta, Georgia. October 2021.
235. Tissue damage from hyaluronidase. American Society of Plastic Surgeons Annual Meeting – Virtual. Atlanta, Georgia. October 2021.

236. Cannabinoids and plastic surgery. American Society of Plastic Surgeons Annual Meeting – Virtual. Atlanta, Georgia. October 2021.
237. Patient administered analgesia for office procedures. American Society of Plastic Surgeons Annual Meeting – Virtual. Atlanta, Georgia. October 2021.
238. Is injection rhinoplasty safe? American Society of Plastic Surgeons and The Doctors Company – Virtual. Napa, California. November 2021.
239. Relax, refill, resurface: Nonsurgical facial rejuvenation. 51st Argentina Congress of Plastic Surgery – Virtual. Mar Del Plata, Argentina. November – December 2021.
240. Natural breast augmentation: When, why, awake? 51st Argentina Congress of Plastic Surgery – Virtual. Mar Del Plata, Argentina. November – December 2021.
241. No drain abdominoplasty and body lift. 51st Argentina Congress of Plastic Surgery – Virtual. Mar Del Plata, Argentina. November – December 2021.
242. Rapid recovery breast augmentation. 51st Argentina Congress of Plastic Surgery – Virtual. Mar Del Plata, Argentina. November – December 2021.
243. Money talks. University of Chicago Grand Rounds. Chicago, Illinois. March 2022.
244. Evidence based liposuction for lipedema: What really works and what to avoid. Fat Disorders Resource Society. Cleveland Ohio April 2022.
245. Comprehensive body contouring. Rush University Grand Rounds. Chicago, Illinois. April 2022.
246. Incorporating no drain abdominoplasty into practice. American Society of Plastic Surgeons Spring Meeting (Virtual). March 2022.
247. Basics of fillers & patient selection. KAPRAS. Cairo, Egypt. May 2022.
248. Live filler injections. KAPRAS. Cairo, Egypt. May 2022. 249.

No drain abdominoplasty & body lift. KAPRAS. Cairo, Egypt.

Page 55 of 61

KAROL A GUTOWSKI, MD, FACS

May 2022.

250. Mastopexy & augmentation mastopexy simplified. KAPRAS. Cairo, Egypt. May 2022.

251. Patient safety in body contouring. KAPRAS. Cairo, Egypt. May 2022.

252. Lipedema liposuction & skin excision: Experience with over 300 cases. KAPRAS. Cairo, Egypt. May 2022.

253. Comprehensive breast augmentation. University of Chicago Grand Rounds. Chicago, Illinois. March 2022.

254. Real world breast implant complications vs patient check lists. The Doctor's Company. Napa, California. July 2022.

255. Ancillary income for plastic surgeons. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2022.

256. Calve & ankle reduction. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2022.

257. Lipedema treatment: High volume liposuction & skin excision. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2022.

258. Cannabinoids & plastic surgery. Hot Topics. American Society of Plastic Surgeons Annual Meeting. Boston, Massachusetts. October 2022.

259. Money talks: The business side of plastic surgery. University of Chicago Grand Rounds. Chicago, Illinois. March 2023.

260. Mastopexy and augmentation mastopexy markings simplified. University of Chicago Grand Rounds. Chicago, Illinois. March 2023.

261. Lipedema skin & tissue excision: When & why. Fat Disorders Resource Society. Atlanta, Georgia. April 2023.

262. Awake gynecomastia surgery. University of Illinois Grand Rounds, Chicago, Illinois. April 2023.

263. Basics of neuromodulators. The Artistry of Injectables. American

Society of Plastic Surgeons Annual Meeting. Austin, Texas.
October 2023.

264. Correction of infraorbital hollows. The Artistry of Injectables.
Page 56 of 61

KAROL A GUTOWSKI, MD, FACS

American Society of Plastic Surgeons Annual Meeting. Austin,
Texas. October 2023.

265. Other filler & stimulator applications. The Artistry of Injectables.
American Society of Plastic Surgeons Annual Meeting. Austin,
Texas. October 2023.

266. Minimally invasive neck suspension (MyEllevate). The Artistry
of Injectables. American Society of Plastic Surgeons Annual
Meeting. Austin, Texas. October 2023.

267. Patient safety: Consultation, selection, & informed consent. The
Artistry of Injectables. American Society of Plastic Surgeons
Annual Meeting. Austin, Texas. October 2023.

268. Why I pick the fillers I do. Hot Topics. American Society of
Plastic Surgeons Annual Meeting. Austin, Texas. October 2023.

269. Calcium hydroxylapatite: Regenerative vs biostimulatory filler.
Hot Topics. American Society of Plastic Surgeons Annual
Meeting. Austin, Texas. October 2023.

270. Advanced surgical treatment of lipedema. Illinois Obesity Society.
Oakbrook, Illinois. November 2023.

271. Lipedema surgery complications: What to expect, what to do. Fat
Disorders Resource Society. St Louis, Missouri. April 2024.

272. Personal finances for plastic surgeons. University of Chicago
Grand Rounds. Chicago, Illinois. May 2024.

273. Basics of neuromodulators. ASPS Artistry of Injectables Course.
Orlando, Florida. May 2024.

274. Why I pick the fillers I do. ASPS Artistry of Injectables Course.
Orlando, Florida. June 2024.

275. Neuromodulator applications in upper facial rejuvenation (live
demonstration). ASPS Artistry of Injectables Course. Orlando,
Florida. June 2024.

276. My approach to tear trough injections (live demonstration). ASPS
Artistry of Injectables Course. Orlando, Florida. June 2024.

277. Temple injections simplified (live demonstration). ASPS Artistry of Injectables Course. Orlando, Florida. June 2024.

278. Masseter reduction with neuromodulators (live demonstration). ASPS Artistry of Injectables Course. Orlando, Florida. June 2024.

Page 57 of 61

KAROL A GUTOWSKI, MD, FACS

279. Nonsurgical perioral rejuvenation (live demonstration). ASPS Artistry of Injectables Course. Orlando, Florida. June 2024.

280. Biostimulator midface volume restoration (live demonstration). ASPS Artistry of Injectables Course. Orlando, Florida. June 2024.

281. Chin and mandible augmentation for facial balance (live demonstration). ASPS Artistry of Injectables Course. Orlando, Florida. June 2024.

282. Personal financial strategies for a successful plastic surgery career. University of Texas Southwestern Plastic Surgery Alumni Day. Dallas, Texas. June 2024.

283. Lipedema: Recognizing and treating a common disorder in women. Endeavor Health Primary Care Conference. Elmhurst, Illinois. September 2024.

284. Calf and ankle reduction: Plastics and Aesthetic Research New Trends in Body Contouring Webinar. September 2024.

285. When past performance isn't indicative of future performance: Managing complications. American Society of Plastic Surgeons Annual Meeting. San Diego, California. September 2024.

286. What is lipedema and how do I treat it? American Society of Plastic Surgeons Annual Meeting. San Diego, California. September 2024.

287. No drain abdominoplasty: Why aren't you doing it? American Society of Plastic Surgeons Annual Meeting. San Diego, California. September 2024.

288. Lymphatic drainage massage after liposuction and aesthetic surgery. Hot Topics Course at American Society of Plastic Surgeons Annual Meeting. San Diego, California. September 2024.

289. Oblique thighplasty for massive tissue reduction: Maliniac Pearl? American Society of Plastic Surgeons Annual Meeting. San

Diego, California. September 2024.

290. Advanced abdominoplasty: Concepts and techniques. Rush University Grand Rounds. Chicago, Illinois. February 2025.

291. Incorporating no drain abdominoplasty in practice and update on new abdominoplasty guidelines. American Society of Plastic Surgeons Spring Meeting (Virtual). March 2025.

Page 58 of 61

KAROL A GUTOWSKI, MD, FACS

292. Lipedema surgery: What you need to know. Lipedema Surgery Simplified Conference (Virtual). April 2025.

293. Dermal filler panel. FDA Hearings (Virtual). August 2025.

294. Comprehensive body contouring. University of Chicago Grand Rounds. Chicago, Illinois. August 2025.

295. Lipedema: The next wave of body contouring. Northwestern University Grand Rounds. Chicago, Illinois. August 2025.

296. What is lipedema and how do I treat it? SIITTRAL, Boca Raton, Florida. September 2025.

297. No drain abdominoplasty: Why aren't you doing it? SIITTRAL, Boca Raton, Florida. September 2025.

298. Dermal filler differences: Why I pick the fillers I do. Artistry of Injectables Cours at American Society of Plastic Surgeons Annual Meeting. New Orleans, Louisiana. October 2025.

299. Wide awake body contouring: How to get started. American Society of Plastic Surgeons Annual Meeting. New Orleans, Louisiana. October 2025.

300. No drain abdominoplasty: Why aren't you doing it. American Society of Plastic Surgeons Annual Meeting. New Orleans, Louisiana. October 2025.

301. Nonsurgical perioral rejuvenation. New York Regional Society of Plastic Surgeons. New York, New York. 2025.

302. Advanced body contouring. Wright State University Grand Rounds. Dayton, Ohio. December 2025.

303. Lipedema: The next wave of body contouring. Wright State University Grand Rounds. Dayton, Ohio. December 2025.

304. Nonsurgical perioral rejuvenation. Wright State University. Dayton, Ohio. December 2025.
305. Wide awake body contouring: How to get started. Wright State University. Dayton, Ohio. December 2025.
306. Personal financial strategies for a successful plastic surgery career. Wright State University. Dayton, Ohio. December 2025/
307. Money talks: The business side of plastic surgery. Wright State

Page 59 of 61

KAROL A GUTOWSKI, MD, FACS

- University. Dayton, Ohio. December 2025.
308. Breast reduction and mastopexy markings simplified. Montefiore Medical Center Grand Rounds. New York, New York. December 2025.
309. Wide awake body contouring: How to get started. Montefiore Medical Center Grand Rounds. New York, New York. December 2025.
310. Personal financial strategies for a successful plastic surgery career. Montefiore Medical Center Grand Rounds. New York, New York. December 2025.
311. Awake calf contouring: How to get started. American Society of Plastic Surgeons Spring Meeting (Virtual). February 2026.
312. Personal financial strategies for a successful plastic surgery career. Loma Linda University Grand Rounds. Loma Linda, California. April 2026.
313. Lipedema: The next wave of body contouring. Loma Linda University Grand Rounds. Loma Linda, California. April 2026.
314. Advanced body contouring. Loma Linda University Grand Rounds. Loma Linda, California. April 2026.
315. Wide awake body contouring: How to get started. Loma Linda University. Loma Linda, California. April 2026.
316. Nonsurgical perioral rejuvenation. Loma Linda University. Loma Linda, California. April 2026.
317. Personal financial strategies for a successful plastic surgery career. University of Nevada Las Vegas Grand Rounds. Las Vegas, Nevada. April 2026.

318. Lipedema: The next wave of body contouring. University of Nevada Las Vegas Grand Rounds. Las Vegas, Nevada. April 2026.
319. Breast reduction and mastopexy markings simplified. Indiana University. Indianapolis, Indiana. May 2026.
320. Lipedema: The next wave of body contouring. Indiana University. Indianapolis, Indiana. May 2026.
321. Personal financial strategies for a successful plastic surgery career. Indiana University. Indianapolis, Indiana. May 2026.

Page 60 of 61

KAROL A GUTOWSKI, MD, FACS

322. Wide awake body contouring: How to get started. Global Plastic Surgery Congress. Buenos Aires, Argentina. May 2026.
323. Nonsurgical perioral rejuvenation. Global Plastic Surgery Congress. Buenos Aires, Argentina. May 2026.

