



## **CONSENT for MICRONEEDLING**

**MICRONEEDLING** creates micro “injuries” or micro “channels” into the skin which triggers new collagen production. The result is smoother, firmer, and younger looking skin. Microneedling is performed with a sterile tip and the procedure is normally completed within 60 minutes.

**I HAVE BEEN ADVISED OF THE CONTRAINDICATIONS THAT INCLUDE** active skin cancer, open wounds, soars or irritated skin in treatment areas(s); scleroderma, collagen vascular disease or cardiac abnormalities; blood clotting problems; active bacterial or fungal infections; immune suppression; scars less than 6 months old; keloid scars; current use of Accutane or history of Accutane use in the past 6 months, active acne, history of eczema, psoriasis and other chronic conditions, history of actinic (solar) keratosis and history of diabetes. Not recommended for women who are pregnant or nursing.

### **I HAVE BEEN ADVISED OF THE POSSIBLE SIDE EFFECTS WHICH ARE AS FOLLOWS:**

**DISCOMFORT**- If discomfort is experienced, simply inform us and adjustments will be made.

**BRUISING/SWELLING** – Mild bruising or a slight “puffiness” may occur. This is typically mild and resolves on its own within a few days.

**REDNESS** – After the procedure the skin will be red and flushed in a similar way to a mild sunburn. Within the next 24 hours the skin will generally calm down. After 3-7 days the skin will return to normal or near normal appearance.

**SENSITIVITY**- You may experience skin tightness and mild sensitivity.

**COLD SORES**- If you have a known history of cold sores, it is possible a reactivation of this can occur over the treated area, in which case you may be given a prescription for Valtrex (antiviral) to be taken prior to treatment.

**PIGMENT CHANGES** – Hypopigmentation (decreased skin coloration) or hyperpigmentation (increased skin color) is uncommon but may occur. Although rarely permanent, this may last several weeks to months. Pre and post treatment use of sunblock is advised to minimize risk. Fitzpatrick level III-VI may require the use of Hydroquinone (prescription strength cream) prior to microneedling treatment.

**ALLERGIC REACTION**- Although very rare, local skin allergies to topical preparations or preservatives in skin care products may occur.



**I UNDERSTAND THAT:**

- Results vary between individuals, and I may require a series of sessions scheduled 4-6 weeks apart to obtain my desired outcome.
- Microneedling is not permanent and there are no guarantees regarding the success of the treatment.
- Depending on my goals, I may be advised that other treatments or skin care products should be considered in conjunction with microneedling.
- Direct sun exposure is prohibited while I am undergoing treatment and that the use of sunblock protection is mandatory.
- I am agreeing to adhere to all safety precautions and pre/post treatment guidelines.
- I cannot have another treatment (such as IPL, laser hair removal, chemical peels etc.) within 14 days of this treatment, whether it is performed at this location or any other location.
- If I experience any side effects, I will immediately call the office.
- I should not have any injectable treatments 2 weeks prior to microneedling.

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Patient (Print Name)

Signature

Date

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Witness (Print Name)

Signature

Date