



CONSENT for Intense Pulsed Light (IPL) Treatment

Intense Pulsed Light therapy is a procedure that uses light to lighten, fade, or remove photo-damaged skin in a non-ablative manner. Light can be used to effectively destroy targets located in the skin with minimum damage to the surrounding tissue. Visible signs of photo damage include wrinkling, enlarged pores, coarse skin texture, pigmented (darkened skin), lesions and vascular (reddened skin) lesions.

I HAVE BEEN ADVISED OF THE CONTRAINDICATIONS THAT INCLUDE active skin cancer, open wounds, soars or irritated skin in treatment areas(s); diseases which may be stimulated by light at wavelengths used, such as history of systemic Lupus Erythematosus, Porphyria and Epilepsy; superficial metal or other implants in the treatment area; keloid scars; current use of Tetracyclines, use of St. John's Wort with the last two week, or current use of Accutane or history of Accutane use in the past 6 months, history of eczema, psoriasis and other chronic conditions, history of actinic (solar) keratosis and history of diabetes; any surgical procedure in the treatment area within the three months, treatment over tattoo or permanent makeup; excessively tanned skin from the sun, tanning beds or tanning creams. Not recommended for women who are pregnant or nursing.

I HAVE BEEN ADVISED OF THE POSSIBLE SIDE EFFECTS WHICH ARE AS FOLLOWS:

DISCOMFORT- If discomfort is experienced, simply inform us and adjustments will be made.

REDNESS/SWELLING – Slight warmth is felt with each light pulse and treated areas may remain mildly sensitive for a few hours (like a mild sunburn). You may experience minimal swelling that is often described as feeling “puffy” this is temporary and will resolve in 24-48 hours.

PIGMENT CHANGES – Hypopigmentation (decreased skin coloration) or hyperpigmentation (increased skin color) is uncommon but may occur. Although rarely permanent, this may last several weeks to months – avoiding sun exposure before and after treatment reduces the risk of color change.

SCARRING – Although rare, hypertrophic, or even keloid scars can occur. Other possible complications include blisters or burns. If you experience these, please notify the office immediately.

BRUISING – The skin at or near the treatment site may become fragile and bruise. This is normal and will resolve on its own.

HAIR REDUCTION – There is a known and expected reduction of hair in the treated areas.

COLD SORES- If you have a known history of cold sores, it is possible a reactivation of this can occur over the treated area. It is important to discuss this with us prior to your treatment.

EYE PROTECTION – Protective eyewear must be worn throughout treatment. Unprotected exposure to the light can be harmful to one's vision.



I UNDERSTAND THAT:

- Results vary between individuals and that this procedure may require more than one treatment session.
- Sessions must be scheduled 4-6 weeks apart.
- Although appropriate measures are taken to reduce side effects, they cannot be eliminated in every case.
- I am agreeing to adhere to all safety precautions and pre/post treatment guidelines.
- Direct sun exposure and/or use of tanning beds is prohibited before treatment and that the use of sunblock with a minimum SPF 30 is mandatory.
- I cannot have another treatment within 14 days of this treatment, whether it is performed at this location or any other location.
- If I experience any adverse side effects, I will notify the office immediately.

Patient (Print Name)

Signature

Date

Witness (Print Name)

Signature

Date