



CONSENT for Hair Removal

The purpose of **Hair Removal** is to diminish and **reduce** the density of unwanted hair – it is a form of permanent hair REDUCTION. This procedure requires more than one treatment session, and most patients will need between 6-12 sessions. The total number of sessions vary among individuals, and it is NOT possible to make every hair disappear.

I HAVE BEEN ADVISED OF THE CONTRAINDICATIONS THAT INCLUDE active skin cancer, open wounds, soars or irritated skin in treatment areas(s); diseases which may be stimulated by light at wavelengths used, such as history of systemic Lupus Erythematosus, Porphyria and Epilepsy; superficial metal or other implants in the treatment area; keloid scars; current use of Tetracyclines, use of St. John's Wort with the last two week, or current use of Accutane or history of Accutane use in the past 6 months, history of eczema, psoriasis and other chronic conditions, history of actinic (solar) keratosis and history of diabetes; any surgical procedure in the treatment area within three months; treatment over tattoo or permanent makeup; unprotected sun exposure, use of tanning beds or tanning creams within the last two weeks. Not recommended for women who are pregnant or nursing.

I HAVE BEEN ADVISED OF THE POSSIBLE SIDE EFFECTS WHICH ARE AS FOLLOWS:

DISCOMFORT- If discomfort is experienced, simply inform us and adjustments will be made. Slight warmth is felt with each light pulse and treated areas may remain mildly sensitive for a few hours (like a mild sunburn). It is important not to pick, rub or scratch at the site.

BRUISING/SWELLING – Short term effects may include reddening, swelling, bumps and mild burning. Although rare, temporary bruising or blistering may occur.

PIGMENT CHANGES – Hypopigmentation (decreased skin coloration) or hyperpigmentation (increased skin color) is uncommon but may occur. Although rarely permanent, this may last several weeks to months – avoiding sun exposure before and after treatment reduces the risk of color change.

COLD SORES- If you have a known history of cold sores, it is possible a reactivation of this can occur over the treated area, in which case you may be given a prescription for Valtrex (antiviral) to be taken prior to treatment.

EYE PROTECTION – Protective eyewear must be worn throughout treatment. Unprotected exposure to the light can be harmful to one's vision.



I UNDERSTAND THAT:

- Results vary between individuals and that this procedure requires more than one treatment.
- Direct sun exposure and/or use of tanning beds is prohibited 14 days prior to treatment and that the use of sunblock with a minimum SPF 30 is mandatory.
- Treated hair will often remain until it falls out.
- Hair may appear to be growing anywhere from 5-30 days after treatment and that this is just the hair slowly being pushed out.
- I cannot have another treatment (such as IPL, laser hair removal, chemical peels etc.) within 14 days of this treatment, whether it is performed at this location or any other location.
- If I experience any adverse side effects, I will notify the office immediately.

Patient (Print Name)

Signature

Date

Witness (Print Name)

Signature

Date