



CONSENT for Dermaplaning

Dermaplaning- is a procedure using a sterile surgical blade that gently exfoliates away dead skin cells and fine vellus hair (known as peach fuzz) from the face, along with lifting and removing superficial dirt sebum and debris from pores.

I HAVE BEEN ADVISED OF THE CONTRAINDICATIONS THAT INCLUDE active bacterial infections such as impetigo, boils, conjunctivitis, and styes; active fungal infections; undiagnosed lumps or swelling; known sensitivity or allergy to products; active skin cancer, active acne, open wounds, soars or irritated skin in treatment areas(s); history of eczema, psoriasis and other chronic conditions; severe acne.

I HAVE BEEN ADVISED OF THE POSSIBLE SIDE EFFECTS WHICH ARE AS FOLLOWS:

DISCOMFORT- If discomfort is experienced, simply inform us and adjustments will be made.

SKIN INFECTION- Although very rare, infection is a possibility anytime a skin procedure is performed.

PIGMENT CHANGES – Since dermaplaning is the removal of the stratum corneum (the uppermost level of the skin), pigment changes are unlikely. However, depending on the depth of the treatment, hypopigmentation (decreased skin coloration) or hyperpigmentation (increased skin color) may occur.

NICKS- Nicking the skin can sometimes occur and will appear like a small paper cut on the skin. Healing time generally takes 1-3 days with minimal discomfort.

SENSITIVITY- You may experience skin tightness, mild sensitivity and/or mild redness after treatment. This is normal and will typically resolve in 12-24 hours.

COLD SORES- If you have a known history of cold sores, it is possible a reactivation of this can occur over the treated area, in which case you may be given a prescription for Valtrex (antiviral) to be taken prior to treatment.

SCARRING- scarring is a rare occurrence, but it is possible when the skin surface is disrupted. To minimize the chances of scarring, it is important that you follow all post care instructions carefully.



I UNDERSTAND THAT:

- Results vary between individuals and that this procedure must be done regularly in order to achieve optimal results.
- Direct sun exposure and/or use of tanning beds is prohibited 14 days after treatment and that the use of sunblock with a minimum SPF 30 is mandatory.
- It is important to follow pre and post care instructions carefully.
- If I experience any adverse side effects, I will notify the office immediately.
- I am agreeing to adhere to all pre/post treatment guidelines.

Patient (Print Name)

Signature

Date

Witness (Print Name)

Signature

Date