



CONSENT for Chemical Peel

A **chemical peel** can be used to diminish the appearance of fine lines and wrinkles, improve texture/tone, reduce pore size, increase hydration and moisture retention and diminish the appearance of hyperpigmentation. The treatment you will receive is a treatment designed to exfoliate or remove the outer (epidermal) layers of the skin. Layers of product are applied based on your unique skin composition and needs. Each treatment is customized for patient skin type, specific problem areas and the delicate areas of the face. The depth of the peel is dependent on the concentration, type of acid, the duration of the contact and a person's skin type and sensitivity.

I HAVE BEEN ADVISED OF THE CONTRAINDICATIONS THAT INCLUDE use of Accutane within the past 6 months, use of retinol, tretinoin or other products that exfoliate or thin the skin within the last 14 days, currently pregnant or breastfeeding, recent cosmetic surgery, laser resurfacing, deep or medium depth chemical peels, dermabrasion, hair removal or intense pulsed light (IPL) therapy of the treatment area, history of poor wound healing, unprotected sun exposure or use of tanning beds within the past 14 days, active acne, open sores (including cold sores) or lesions, or any previous negative reactions to similar treatment.

I HAVE BEEN ADVISED OF THE POSSIBLE SIDE EFFECTS WHICH ARE AS FOLLOWS:

DISCOMFORT- Slight warmth, stinging, burning, skin tightness or itching may occur. If discomfort is experienced, simply inform us and adjustments will be made.

PIGMENT CHANGES – It is common to experience some temporary skin discoloration. Prior to the skin peeling, it may take on a rough, patchy, darkened quality. This is normal and will resolve on its own.

SLOUGHING/PEELING- The peeling process usually begins 2-4 days post procedure. It is impossible to pre-determine how much peeling will occur. It is common to have dryness and flaking, usually around the nose and lips. Infrequently, a small scab or blister may develop (usually over pre-existing lesions such as acne or scaly patch). If this occurs, it is unlikely it will result in a permanent mark if area is left alone and not tampered with (scratching, peeling, or picking). You will be given post care guidelines, please refer to instructions for proper care.

COLD SORES- If you have a known history of cold sores, it is possible a reactivation of this can occur over the treated area, in which case you may be given a prescription for Valtrex (antiviral) to be taken prior to treatment.

EYE PROTECTION – eye shields will be used throughout the treatment to ensure safety.



I UNDERSTAND THAT:

- Results vary between individuals and that this procedure may require more than one treatment session.
- Direct sun exposure and/or use of tanning beds is prohibited before treatment.
- Direct sun exposure following treatment is prohibited for 48 hours and the use of daily sunblock with a minimum SPF 30 is mandatory.
- I will disclose all topical prescriptions and medical grade skin care products I am using.
- By not following post care instructions provided my results will vary from what is discussed during consultation
- If I experience any adverse side effects, I will notify the office immediately.

Patient (Print Name)	Signature	Date
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Witness (Print Name)	Signature	Date
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