

Take the Dog Out: The 4 “L’s” for Preventing Dog Ears

Karol A Gutowski, MD, FACS



— 33RD ANNUAL ASPS —
**BREAST SURGERY &
BODY CONTOURING
SYMPOSIUM**

— JULY 19-21, 2018 —



Austin
TEXAS

FAIRMONT AUSTIN HOTEL

Disclosures

None related to this topic

The Problem: Too Many Dog Ears!



Patients Are Telling Us What To Do

More lipo on flanks needed? (Photo)

mgill2012 Novi, MI 9 hours ago



**Not enough
fat removed**

12 weeks post op of a tummy tuck and liposuction done to the flanks. I was told they got 900cc of out each side of my flanks. But I'm not satisfied with my results. Could this still be swelling or is more lipo needed? I love how flat my stomach is but when I sit down my sides roll over so bad! At 12 weeks when will it be ideal to get more lipo done?

flanks options 3 months post-op

Save

**Not enough
skin removed**

Will bunched up skin smooth out? (Photo)

Nextlevelbaby1 Chicago, IL 14 hours ago



I tried calling the PS but have not gotten a response. Not sure traveling to Miami for sx was smart. Maybe being in home state would produce better response. I am 17 days post TT. I have a bunching of skin at the end of my incision. It looks and feels like maybe it's stitched too tight. Will this go away when the swelling goes down? What can I do to help it heal? Should I be concerned? Will I need more sx?

Tips to Prevent Abdominoplasty Dog Ears

- **Line** markings
 - Align tissue correctly
- **Liposuction** of flanks & love handles
 - Lateral debulking
- **Longer** incision
 - More lateral skin excision after debulking
- **Longitudinal** traction (NOT Lateral)
 - Prevent tissue from bunching up

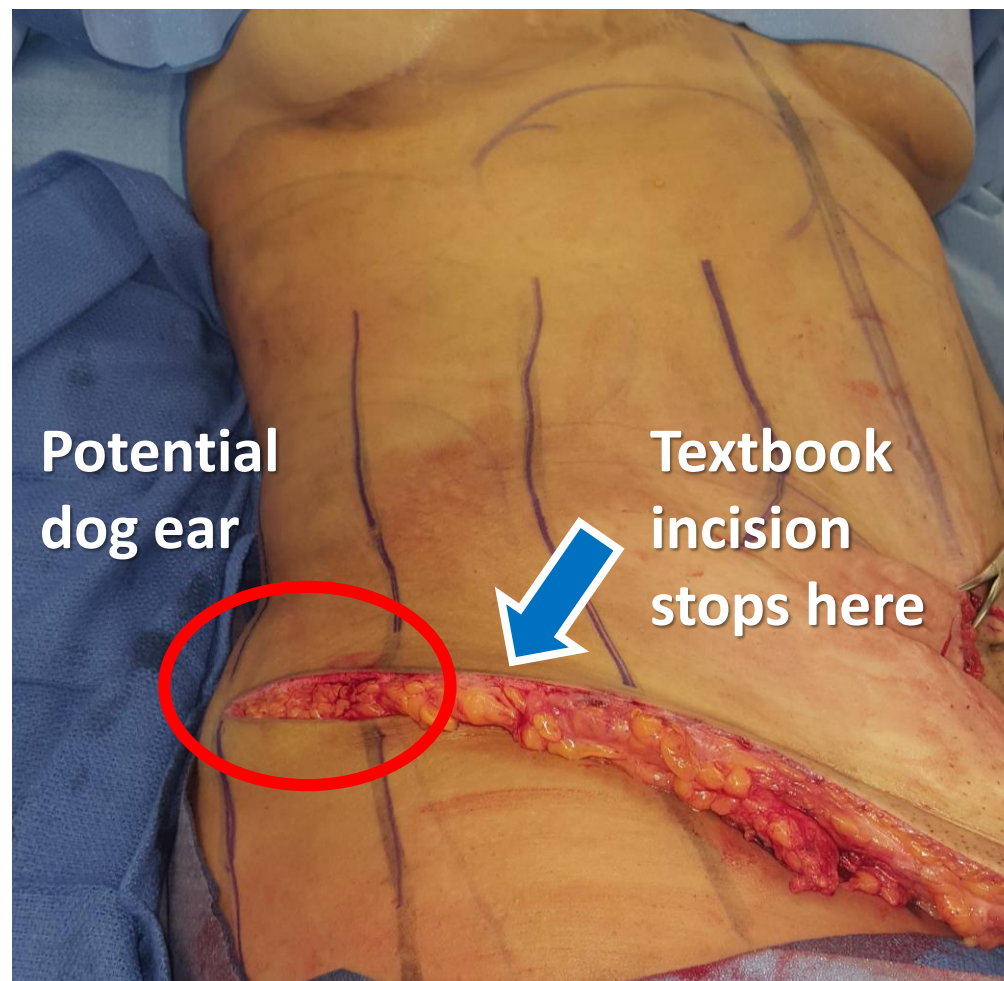
Standing: Mark Vertical **Lines** Every 5 cm



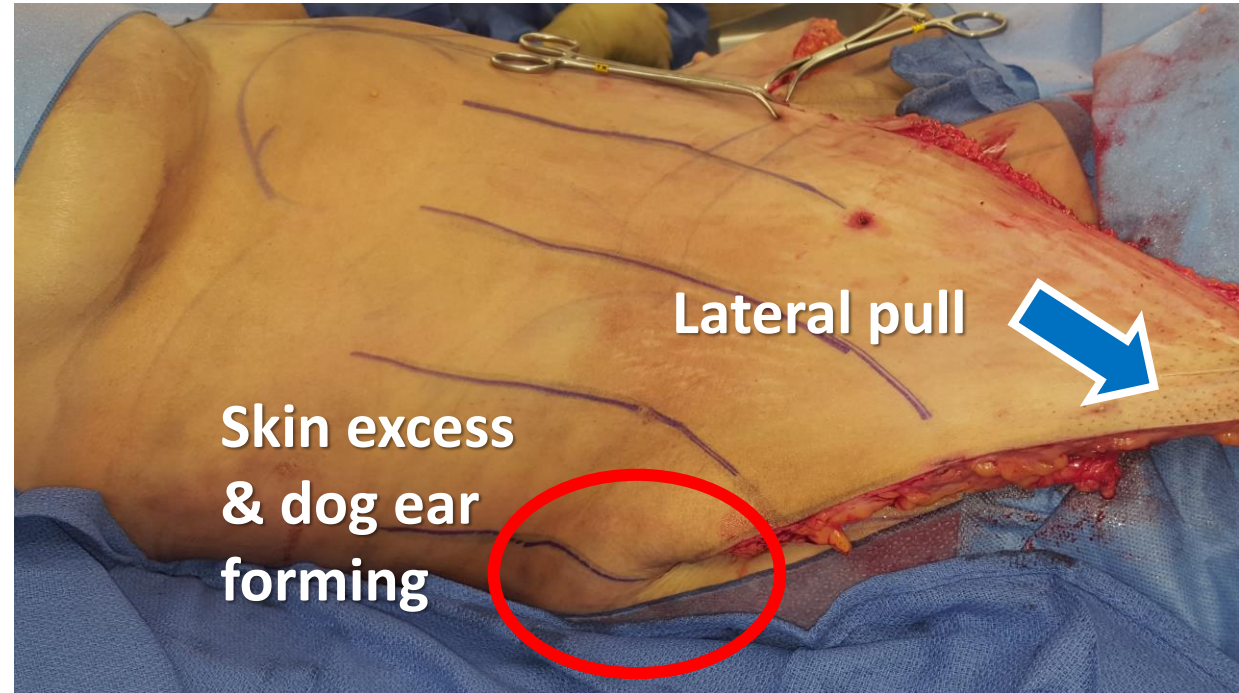
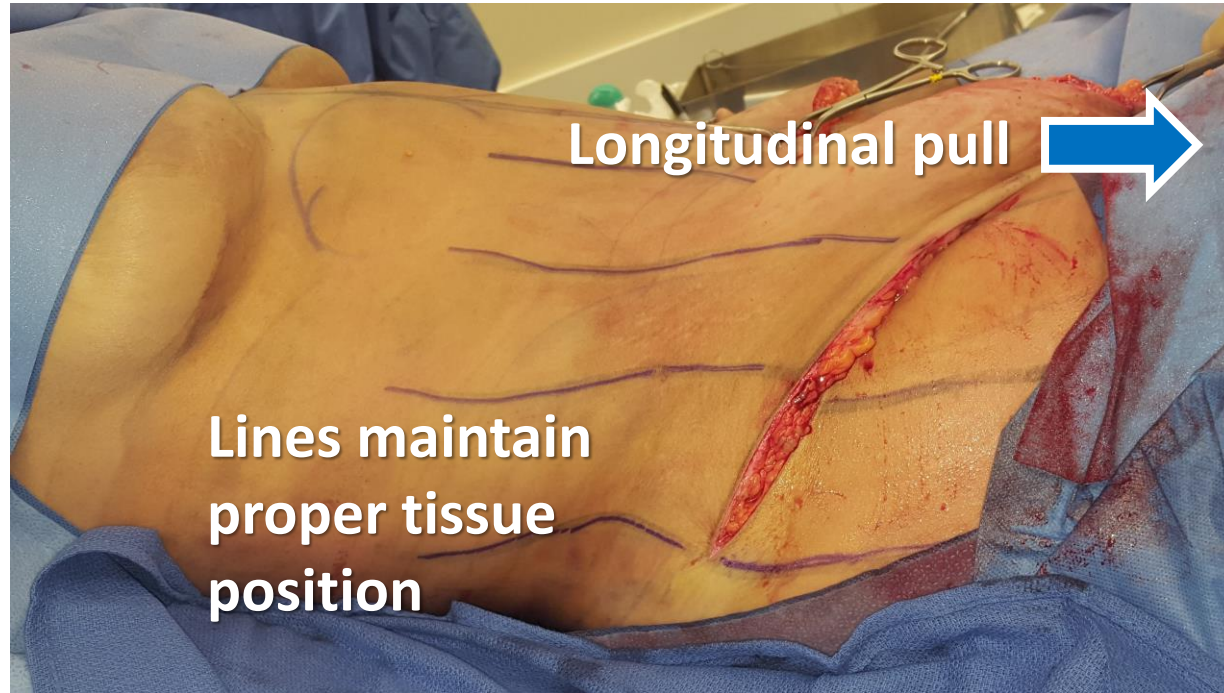
Liposuction From Front & Back

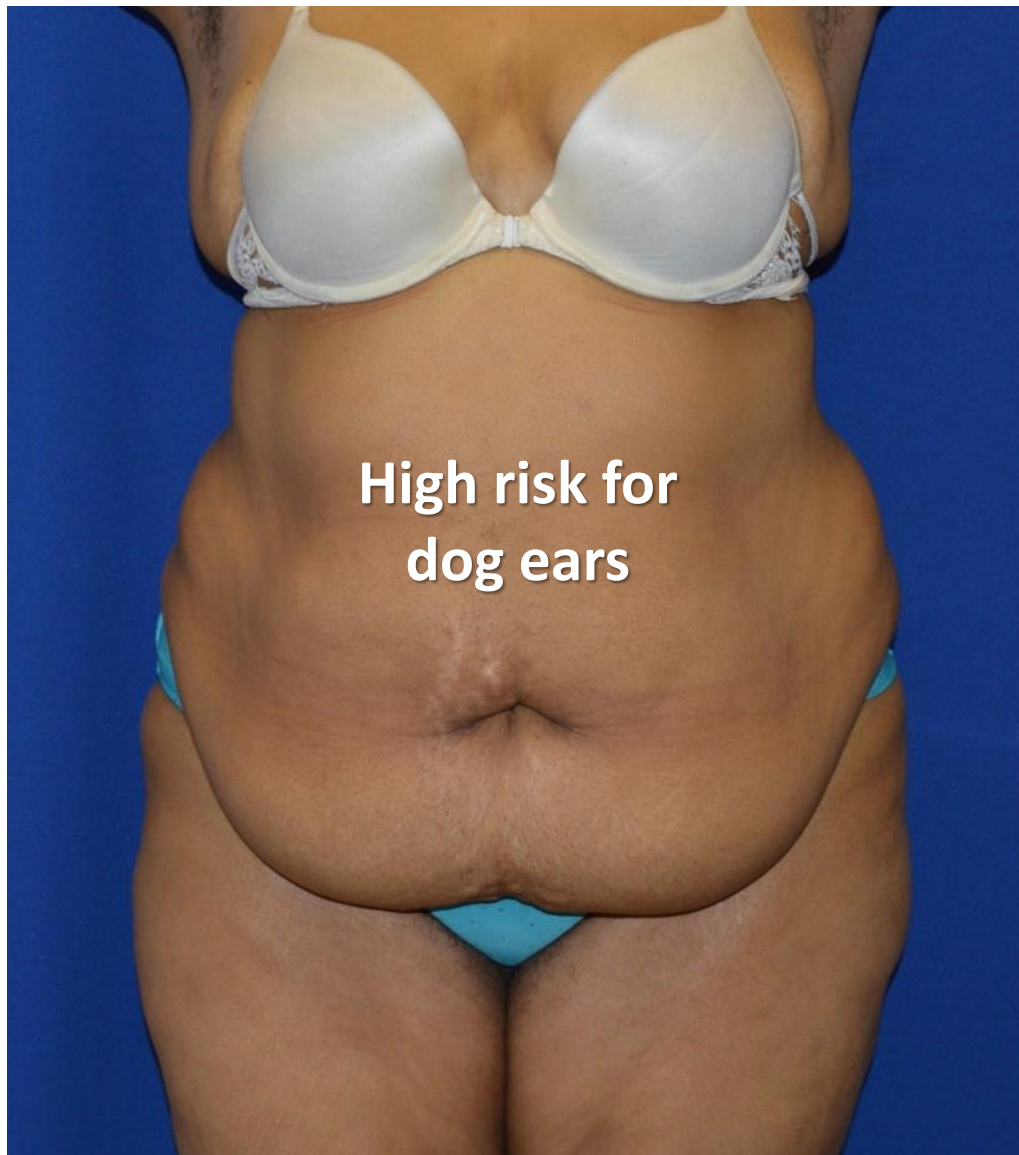


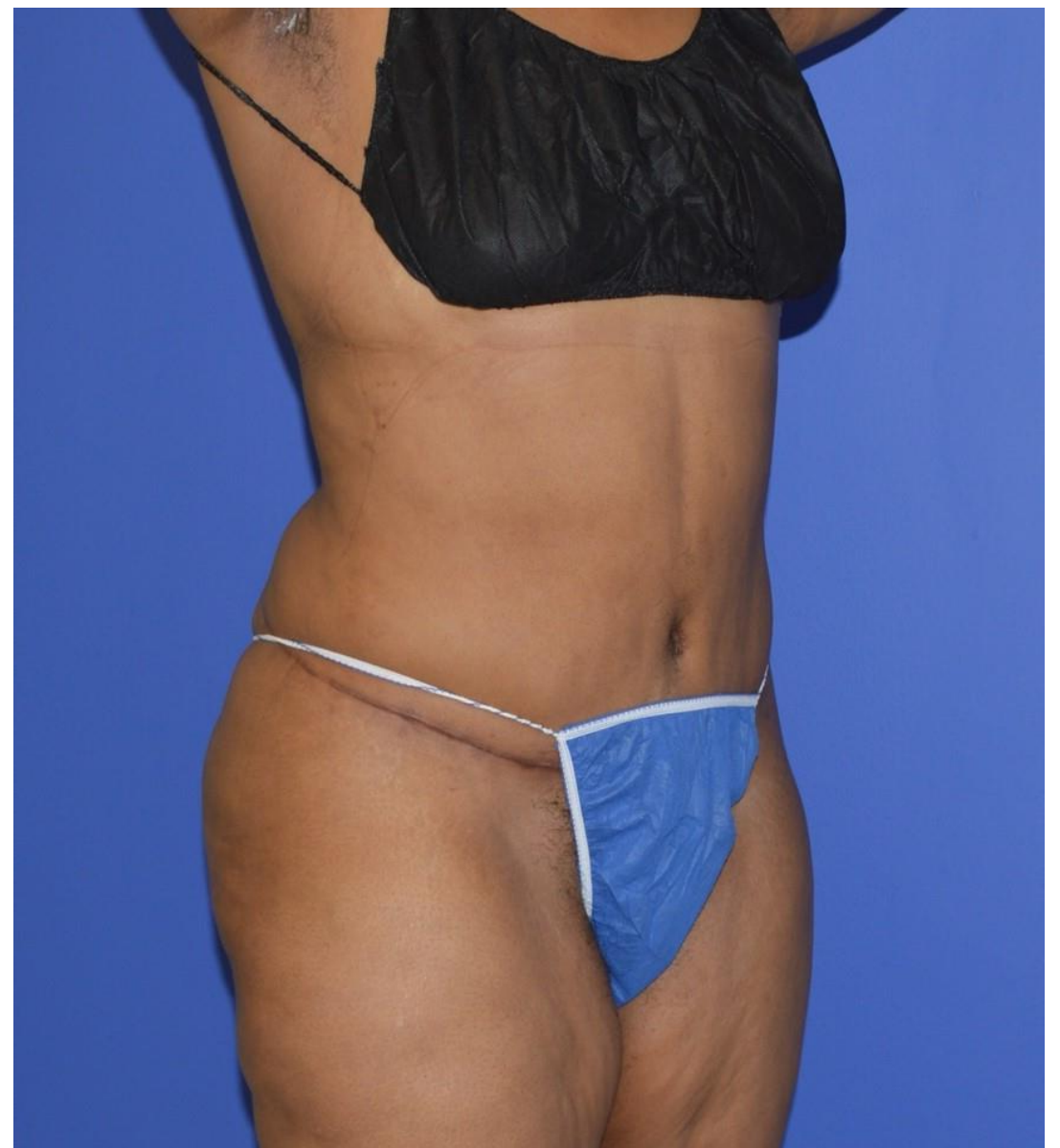
Longer Incision Past Anterior Axillary Line



Longitudinal Pull for Marking Skin Excision



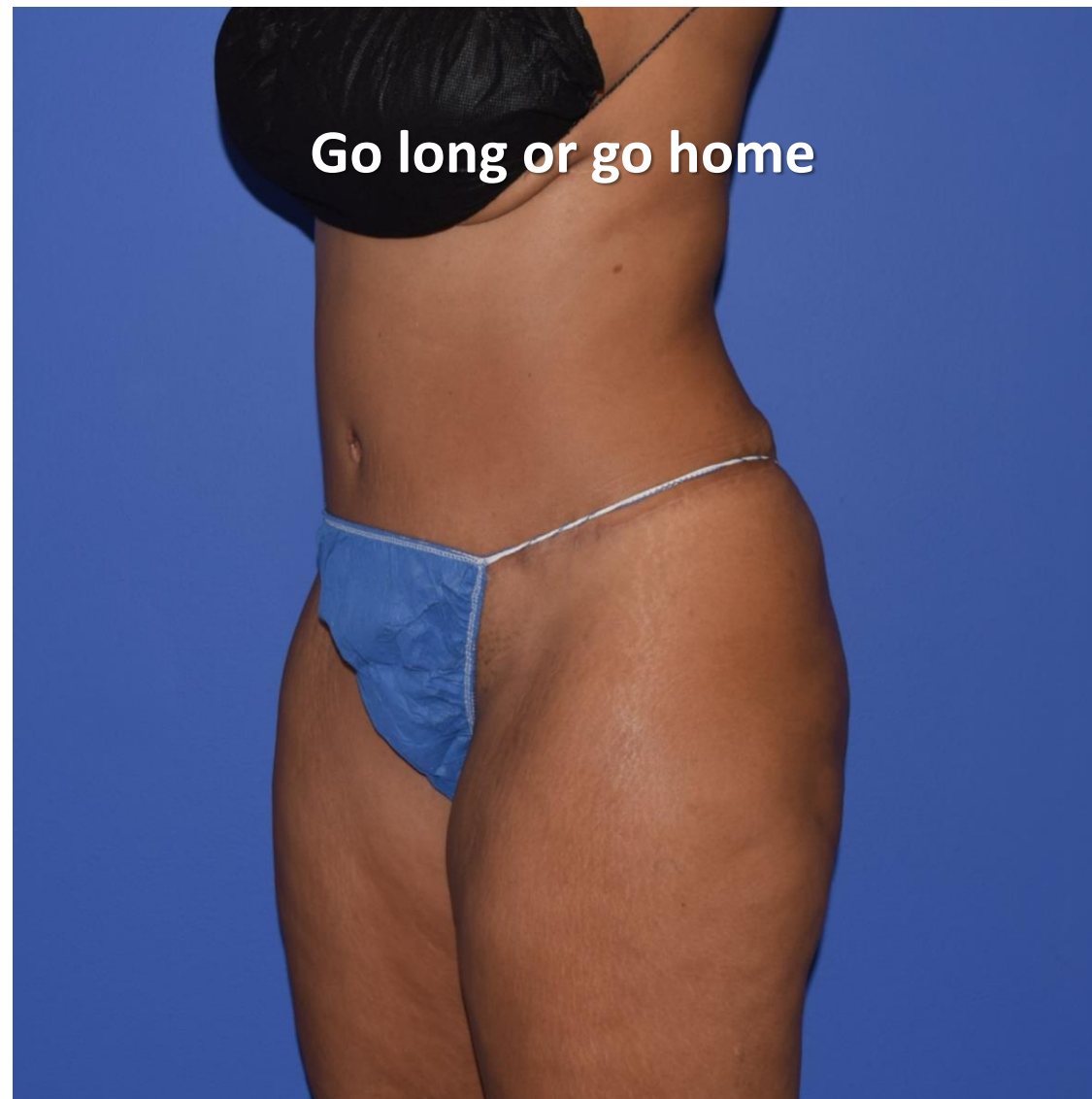




Tell patients a longer scar is worth it if
body contour is optimized

“I don’t care about the scar, you gave
me my body back!”





Take the Dog Out: The 4 “L’s” for Preventing Dog Ears

Karol A Gutowski, MD, FACS

*Copy of this Presentation
DrGutowski.com
For Physicians*



— 33RD ANNUAL ASPS —
**BREAST SURGERY &
BODY CONTOURING
SYMPOSIUM**

— JULY 19-21, 2018 —



Austin
TEXAS

FAIRMONT AUSTIN HOTEL