# Soft Tissue Fillers: What's New

#### Karol A Gutowski, MD, FACS Hot Topics





#### RTI Surgical - Advisor Suneva Medical - Instructor Angiotech/Surgical Specialties - Advisory Board

Will use brand names due to lack of distinguishing generic names

### Status of Products

#### Restylane Products (Lyft, Silk) Galderma

- Hyaluronic acids
   Juvederm Products (Ultra) Allergan
- Hyaluronic acid
- Radiesse Merz
- Calcium hydroxylapatite

#### **FDA Status**

• Will discuss new approvals

### **Presentation Level of Evidence**

#### Levels of Evidence and Qualifying Studies (Therapeutic Studies):

- I High-quality, multi-centered or single-centered, randomized controlled trial with adequate power (N ≥ 100); or a systematic review of these studies
- II Lesser-quality, randomized controlled trial; prospective cohort study; or systematic review of these studies
- III Retrospective comparative study; case-control study; or a systematic review of these studies
- **IV** Case series
- V Expert opinion; case report or clinical example; or evidence based on physiology, bench research or "first principles"

#### Treatment & Costs

- Product \$250 to \$350 per syringe
- Disposables None (injection cannula \$5)
- Treatment Variable number of syringes
- Sessions 1-2
- Patient cost \$600 to \$900 per syringe

#### FDA Safety Communication

U.S. Department of Health and Huma	n Services				
<b>FDA</b> U.S. Food and Drug Administration Protecting and Promoting Your Health		A to Z Index   Follow FDA   En Español Search FDA			
Home Food Drugs Medical	Devices Radiation-Emitting Products	Vaccines, Blood & Biologics	Animal & Veterinary	Cosmetics	Tobacco Products
Medical Devices					54 - LT
Home > Medical Devices > Medical De	vice Safety > Safety Communications				
Safety Communications	Unintentional In				er into
Information About Heparin	Blood Vessels in the Face: FDA Safety				
Preventing Tubing and Luer	Communication	1		_	

#### **Recent FDA Approvals**

2013 Voluma Cheek augmentation
2014 Restylane Silk Lips & perioral lines
2015 Restylane Lyft Facial folds
2015 Radiesse Hands
2015 Juvederm Lips & perioral lines

## Filler Rheology

#### **Basics of Dermal Filler Rheology**

SÉBASTIEN PIERRE, PHD,\* STEVEN LIEW, MD,† AND AUDE BERNARDIN, PHD\*

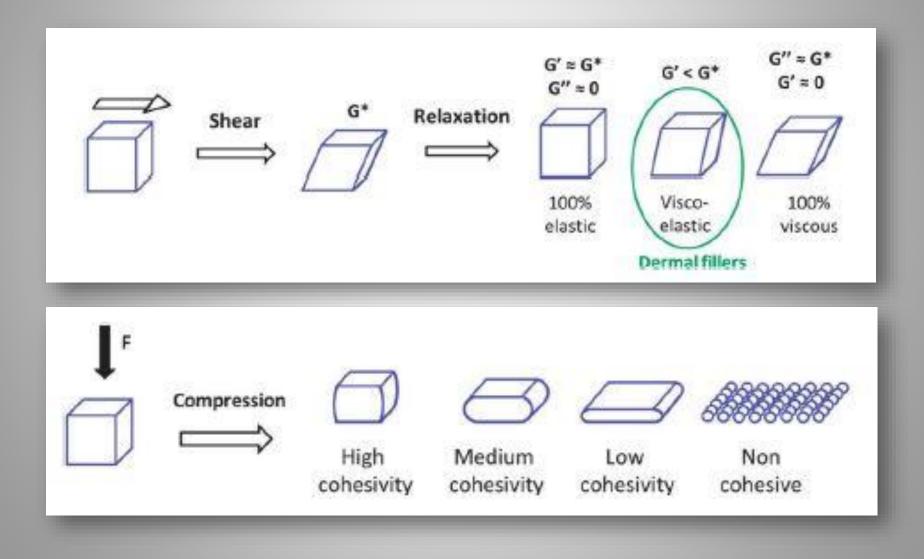
Filler	G' (Pa)	G" (Pa)	Tan δ	Compression (gmf)
Juvéderm Ultra XC	207	80	0.39	96
Juvéderm Ultra Plus XC	263	79	0.30	112
Juvéderm Voluma XC	398	41	0.10	40
Juvéderm Volift with lidocainet	340	46	0.14	30
Juvéderm Volbella with lidocainet	271	39	0.14	19
Restylane-L	864	185	0.21	29
Perlane-L	977	198	0.20	32
Belotero Balance	128	82	0.64	69

## Filler Rheology

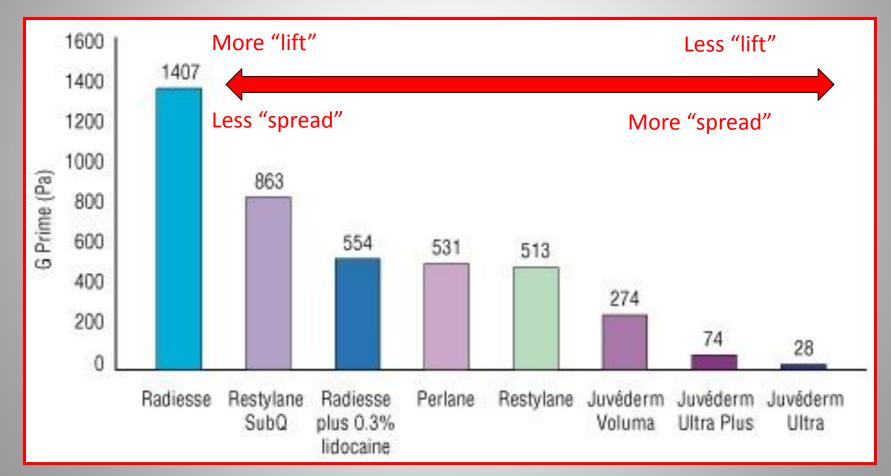
#### **G' = Elastic behavior (modulus)** How much it can recover after a stress force

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## Filler Rheology



#### G Prime



\*Mathematical description of products tendency to be deformed elastically. May not match clinical results

### Radiesse for Hands

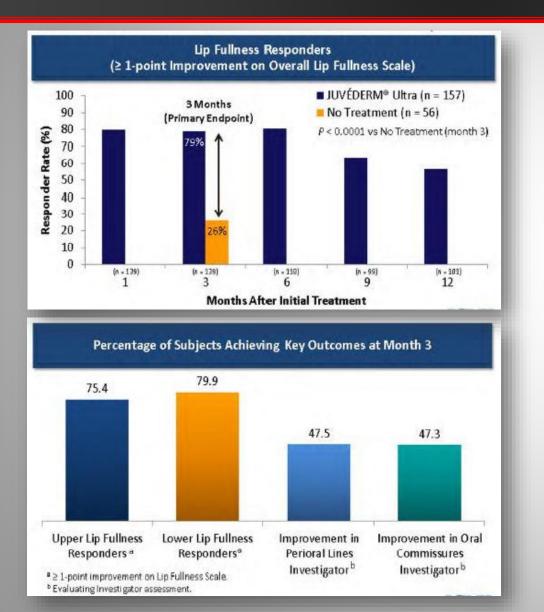
#### **RCT** at 6 sites

- 85 patients, maximum 3 cc Radiesse per hand
- Mean age: 53-54 years
  - Mostly white females
- 3 months
  - 75% had <u>>1</u> point improvement (vs 3.4% of controls)
  - 76% rated "much" or "very much improved"
- Lasts up to 1 year
  - Some had retreatment
- Has lidocaine

## Juvederm Ultra XC for Lips

- Previous indication
  - Mid to deep dermis, facial wrinkles & folds
- Has lidocaine
- Single blinded MC-RCT
  - 157 Juvederm patients + 56 controls (then crossed over)
  - Touch up at 2-4 weeks if needed
  - Validated 5 point scale
  - Total volume (initial + touch up): 2.1 cc
    - Upper lip 0.9 cc Lower lip 0.7 cc
    - Upper lip lines 0.2 cc Lower lip lines 0.1 cc
    - Oral commissure 0.4 cc

#### Juvederm Ultra XC for Lips



- Lasts up to 1 year
- Lip Improvement
  - 3 Months 79%
  - 1 year 78%

#### Restylane Update

#### **New Product**

#### No Change

#### Name Change

Herlane.

1.1.



Kestylane

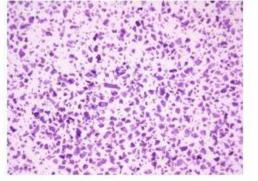
#### **Restylane Product Particle Size**

#### All 3 have 20 mg HA per mL Particle size is different

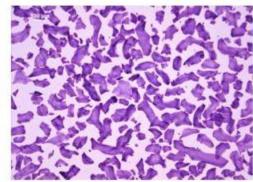
Silk

#### Restylane

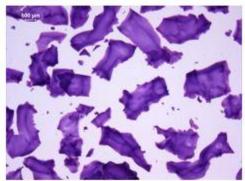
## Lyft



Small Particle HA Range of 50–220 µm\*

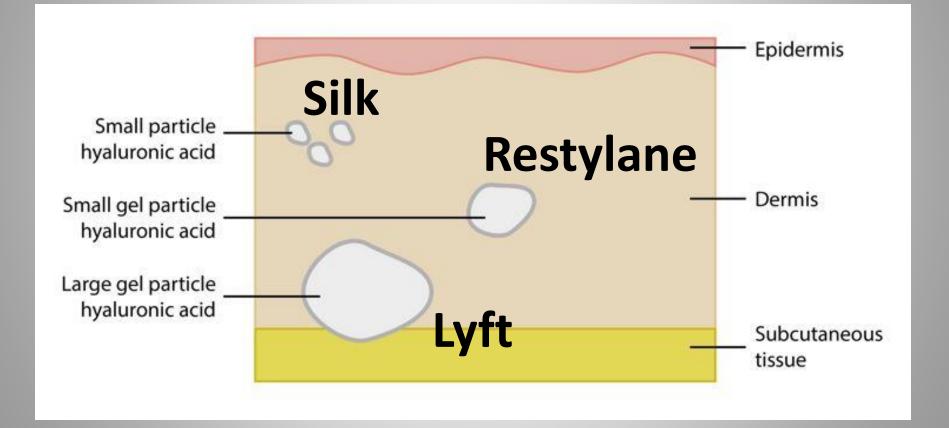


Small Gel Particle HA Range of 330–430 µm\*



Large Gel Particle HA Range of 750–1000 µm\*

#### Particle Size & Injection Depth

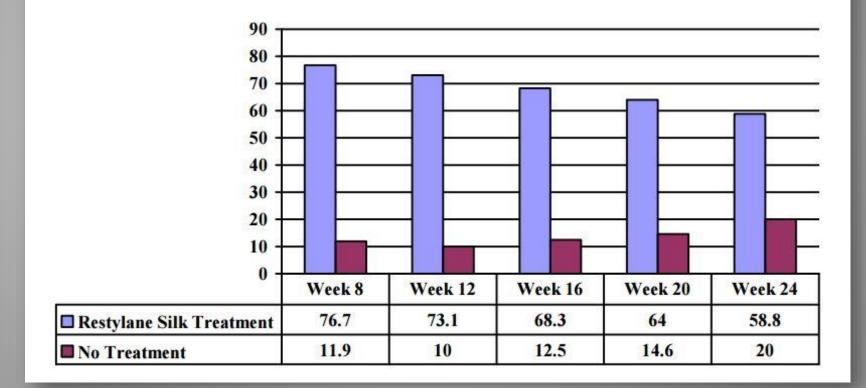


## **Restylane Silk Approval**

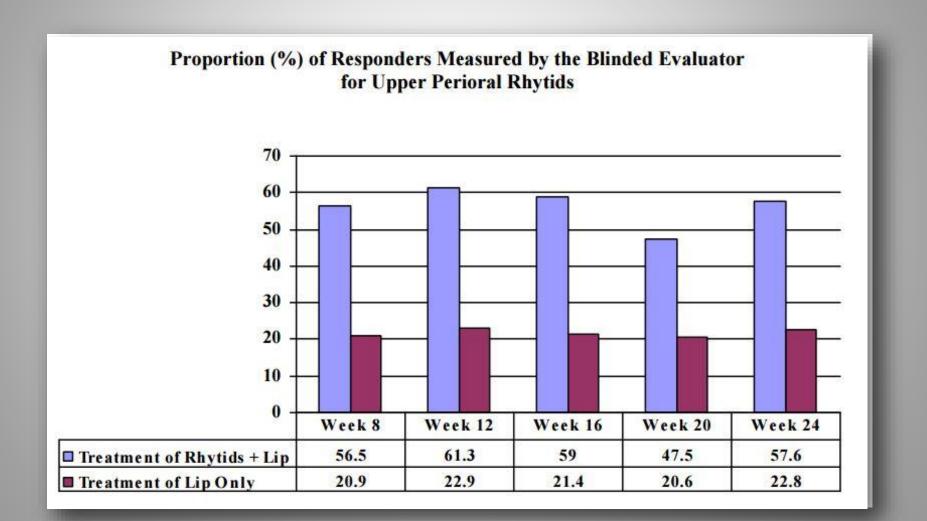
- RCT 221 subjects at 14 centers
- Effectiveness: <a>1</a> grade improvement
- Injection volume
  - Upper & lower lip: Mean 2.2 cc
  - Perioral lines: Mean 0.5 cc

#### Restylane Silk Approval: Lips

Proportion (%) of MLFS Responders Measured by the Blinded Evaluator (Upper and Lower Lip Combined)



### Restylane Silk Approval: Perioral Lines



#### **Questions?**

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